

Ayurvedic Clinical Specialist

(formerly Ayurvedic Doctor)



Certification Program 2024-2027

Milpitas, CA and Online

US In Person Location

Kerala Ayurveda Academy & Wellness Center
691 S Milpitas Blvd Ste 206
Milpitas, CA 95035

MASTER TRACK

Live Streamed Orientation

November 9, 2024 from 7:00-10:00am Pacific - Recorded

Three-Day Weekend Intensives

Class is held Friday, Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in-class or tune in via live streaming, and all classes are recorded for later viewing.

A 1-hour lunch break begins at 12:30 pm each day.

There are 24 weekend intensives in total; 15 of them can be held live or live streaming, while the remaining 9 are live streamed only.

KA A 301	Preventative Health Management (Swasthavritta)	Nov 22-24, 2024
KA A 302	LIVE STREAM ONLY: Ayurvedic Etiopathogenesis Part I (Roga Vijnana & Vikriti Vijnana)	Jan 10-12, 2025
KA A 303	Ayurvedic Etiopathogenesis Part II (Roga Vijnana & Vikriti Vijnana)	Feb 14-16, 2025
KA A 304	LIVE STREAM ONLY: Ayurvedic Materia Medica Part I (Dravyaguna Sastra)	Apr 11-13, 2025
KA A 305	Ayurvedic Pharmaceutics (Bhaishajya Kalpana)	Jun 13-15, 2025
KA A 306	LIVE STREAM ONLY: Ayurvedic Purification - Clinical Application (Panchakarma in Chikitsa)	Aug 1-3, 2025
KA A 307	LIVE STREAM ONLY: Ayurvedic Materia Medica Part 2 (Dravyaguna Sastra)	Oct 3-5, 2025

KAA 308	Ayurvedic Clinical Management of Pranavaha and Udakavaha Srotases	Dec 5-7, 2025
KAA 309	Ayurvedic Clinical Management Annavaha and Rasavaha Srotases	Feb 13-15, 2026
KAA 310	Ayurvedic Clinical Management of Raktavaha Srotas	Mar 13-15, 2026
KAA 311	Ayurvedic Clinical Management of Mamsavaha and Medovaha Srotases	Apr 17-19, 2026
KAA 312	Ayurvedic Clinical Management of Asthivaha and Majjavaha Srotas	Jun 5-7, 2026
KAA 313	LIVE STREAM ONLY: Ayurvedic Clinical Management of Mutravaha, Pureeshavaha and Swedavaha Srotases	Aug 7-9, 2026
KAA 314	Ayurvedic Clinical Management of Manovaha Srotas Mental Disorders	Sep 18-20, 2026
KAA 315	Yoga in Clinical Application Part I (Yoga Chikitsa)	Oct 30-Nov 1, 2026
KAA 316	LIVE STREAM ONLY: Shalyatantra: Ayurvedic Management of Injuries, Kshara Karma, Agnikarma and Marma Chikitsa	Dec 11-13, 2026
KAA 317	Shalakyatantra: Ayurvedic Management of Eye, Ear, Nose, Throat and Oral Disease	Jan 8-10, 2027
KAA 318	LIVE STREAM ONLY: Streeroga: Ayurvedic Management of Artavavaha Srotas and Stanyavaha Srotas	Feb 19-21, 2027
KAA 319	Prasooti Tantra: Ayurvedic Management of Pregnancy and Childbirth	Mar 12-14, 2027
KAA 320	LIVE STREAM ONLY: Kaumarabhritya: Ayurvedic Management of Pediatric Health	Apr 16-18, 2027
KAA 321	Ayurvedic Management of Immunological and Environmental Diseases	Jun 4-6, 2027
KAA 322	LIVE STREAM ONLY: Rasayana & Vajikarana: Ayurvedic approach to Rejuvenation and Regeneration	Jul 30-Aug 1, 2027
KAA 323	Yoga in Clinical Application Part II (Yoga Chikitsa)	Sep 24-26, 2027
KAA 324	Ayurvedic Toxicology, Medical Ethics and Medico Legal Regulations	Nov 5-7, 2027

Panchakarma Practicum Sessions

Class is held 4 days from 8:00am-6:00pm Pacific and the last day from 8:00am-12:30pm Pacific. Students must attend in-class in order to meet the program requirements.

A 1-hour lunch break begins at 12:30 pm each day.

KAA 325	AD Panchakarma Practicum 1: Prep and Purvakarma	Jan 24-29, 2026
KAA 326	AD Panchakarma Practicum 2: Main Panchakarma Techniques and Specialty Therapies	May 29-Jun 2, 2026

Saturday Virtual Class Sessions

Class is live streamed (only) for all students Saturdays from 7:00am-10:00am Pacific.

1 Dec 7, 2024	7 Nov 1, 2025	13 Jan 30, 2027
2 Mar 22, 2025	8 Dec 13, 2025	14 Feb 27, 2027
3 May 3, 2025	9 Jan 17, 2026	15 Apr 3, 2027
4 July 19, 2025	10 May 2, 2026	16 May 15, 2027
5 Aug 16, 2025	11 Jul 18, 2026	17 Jul 17, 2027
6 Sep 20, 2025	12 Oct 17, 2026	

ALLIED TRACK CLASSES

Ayurvedic Formulation Making

Class is held Friday, Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in-class or tune in via live streaming, and all classes are recorded for later viewing.

A 1-hour lunch break begins at 12:30 pm each day.

Students will attend one of the following dates:

March, 14-16, 2025 8am-6pm Pacific

March, 27-29, 2026 8am-6pm Pacific

March, 19-21, 2027 8am-6pm Pacific

Ayurvedic Assessment and Pulse Diagnosis

Class is held Friday, Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in-class or tune in via live streaming, and all classes are recorded for later viewing.

A 1-hour lunch break begins at 12:30 pm each day.

Students will attend one of the following dates:

October 4-6, 2024, 8am-6pm Pacific

October 10-12, 2025, 8am-6pm Pacific

October 9-11, 2026, 8am-6pm Pacific

October 1-3, 2027, 8am-6pm Pacific

Ashtanga Hridayam

Weekday Evening Series (Wednesdays)

5 live segments – 15 sessions per segment

Classes are held weekly 6:00-7:30 pm U.S. Pacific Time, conducted as live streamed sessions. The access link and class recording is made available in the elearning system. Previous segment recordings for Parts 7-19 must be purchased and will be available in elearning.

Segment 1 (Series Part 20): **Feb 12 - May 21, 2025**

Segment 2 (Series Part 21): **Sep 3 - Dec 17, 2025 (skip 11/26)**

Segment 3 (Series Part 22): **Feb 11 - May 20, 2026**

Segment 4 (Series Part 23): **Sep 2 - Dec 16, 2026 (skip 11/25)**

Segment 5 (Series Part 24): **Feb 10 - May 19, 2027**

Clinical Case Discussions

Monthly Sessions – 36 sessions required

Class is live streamed for all students monthly on Tuesdays from 5:00-6:30 pm U.S. Pacific Time.

2024	2025	2026	2027
Dec 17	Jan 21 Feb 18 Mar 18 Apr 22 May 20 June 17 Jul 22 Aug 19 Sep 16 Oct 21 Nov 18 Dec 16	Jan 13 Feb 17 Mar 24 Apr 21 May 19 Jun 23 Jul 21 Aug 18 Sep 15 Oct 20 Nov 17 Dec 15	Jan 19 Feb 16 Mar 16 Apr 20 May 18 Jun 22 Jul 20 Aug 24 Sep 21 Oct 26 Nov 16

AD Mentoring Sessions

35 mentoring sessions are live streamed on Mondays 5:30-6:30pm Pacific.

2024	2025	2026	2027
Dec 2	Jan 27 Feb 24 Mar 31 Apr 28 Jun 23 Aug 11 Sep 15 Oct 20 Nov 24 Dec 22	Jan 12 Feb 23 Mar 23 Apr 27 May 18 Jun 15 Jul 13 Aug 17 Sep 28 Oct 12 Nov 16 Dec 21	Jan 25 Mar 1 Mar 29 Apr 26 May 17 Jun 14 Jul 19 Aug 9 Sep 13 Oct 11 Nov 8 Dec 13

ON DEMAND RECORDINGS

On Demand Recordings are available on demand and can be viewed at the student's pace. Please note: these recordings are not included in tuition as many students have already taken the live sessions or purchased these recordings.

Ashtanga Hridayam

13 recorded segments – 22.5 hours per segment (Parts 7-19)

Vedic Formulations

4 recorded segments - 24 hours per segment (parts 2-5)

Sanskrit for Ayurveda

30 hours

IN PERSON EXPERIENTIAL PROGRAMS

All Internships, Residencies and Specialties will be scheduled during the course of the AD Program through Student Support Services. Distant Learners: Please see the note at the bottom of this section.

Ayurvedic Doctor Clinical Internship – 500 hours

Clinical Internship can be taken after the student has completed KAA 306.

U.S. Internship

Offered in 46-hour, 5-day segments. Each day is 8am-6pm Pacific (1-hour lunch break).

October 13 -17, 2025

January 19-23, 2026

March 16-20, 2026

July 13-17, 2026

Nov 2-6, 2026

Additional dates will be added at a future time

India Internship

Offered in 150-hour, 15-day segments (10-hour days)

October 13-27, 2025

December 8-22, 2025

Additional dates will be added at a future date

Independent India Internship

Offered in variable increments according to student needs, 8-hour days

Students will work with Student Support Services to reserve their independent internship.

Residency – 200 hours

Variable schedule depending on student needs, scheduled after 1.5 years of the program start date.

Speciality Internship – 110 hours

Independent, scheduled by student after the 12th month of program.

Externship – 150 hours (max 350 hours for LS*)

Independent, scheduled by student after the 12th month of program.

***Important Note for Students Attending Weekend Intensives via Live Streaming (LS):**

A total of 1500 in person hours must be met to meet the Ayurvedic Accreditation Commission standards for this program. This means that the number of hours a distant student has to take additional depends on the number of hours in the program (Weekend Intensives and Workshops) that the student was able to attend. Students may add in additional hours of any of the above In Person Experiential Programs to make up the hours. For example, if a student did not attend any weekend classes (other than the required Panchakarma Practicum classes), then they will need to add on an additional 459 hours to any of the In Person Experiential Programs to meet the in class requirements. Please see the catalog for more detailed information.