

SCHEDULE

Certification Program Spring 2024

April 25, 2024 - October 25, 2025 | Milpitas, CA and Online

In Person Location

Kerala Ayurveda Academy & Wellness Center
691 S Milpitas Blvd Ste 206
Milpitas, CA 95035

Live Streamed Orientation

Thursday, April 25, 2024 from 5:30-7:00pm Pacific - Recorded

Weekend Intensives

Class is held Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in-class or tune in via live streaming, and all classes are recorded for later viewing. A 1-hour lunch break begins at 12:30 pm each day.

Module	Subject	Dates
KAA 201	Advanced Physiology (<i>Dosha Dhatu Mala Vigyan</i>)	May 4 & 5, 2024
KAA 202	Pathophysiology & Diagnostics (<i>Nidan & Rogi Pariksha</i>)	Jun 1 & 2, 2024
KAA 203	Advanced Herbology & Pharmaceutics (<i>Dravya Guna & Bhaishajya Kalpana</i>)	Jul 13 & 14, 2024
KAA 204	Advanced Bodywork & Detoxification (<i>Panchakarma & Rasayana</i>)	Sep 28 & 29, 2024
KAA 205	Kayachikitsa I: Management of Digestive System & Metabolic Disorders	Oct 26 & 27, 2024
KAA 206	Kayachikitsa II: Management of Nervous System & Musculoskeletal Disorders	Nov 16 & 17, 2024
KAA 207	Kayachikitsa III: Management of Respiratory System & Cardiovascular Disorders	Dec 14 & 15, 2024
KAA 208	Kayachikitsa IV: Management of Skin, Special Senses & Mental Disorders	Jan 25 & 26, 2025
KAA 209	Kayachikitsa V: Management of Reproductive & Excretory System Disorders, Gynecology & Pediatrics	Feb 22 & 23, 2025
KAA 210	Clinical Internship Weekend Intensive	Mar 29 & 30, 2024

AP Practical Immersion

The AP Practical Immersion is a 5-day hands-on learning experience offered in-class and also recorded for later viewing. The Practical Immersion coincides with AP Weekend Intensive KAA 210 and will be held on March 31- April 2, 2025 from 8:00am - 6:00pm Pacific.

Weekly Virtual Classroom Sessions

Class is live streamed for all students Thursdays from 5:30-7:30pm Pacific.

	Date	Topic
1	May 9, 2024	Srotas Based Clinical Interventions
2	May 30, 2024	Common Bedside Assessments
3	Jun 6, 2024	Pranayama in Clinical Management
4	Jun 20, 2024	Diversity, Equity and Inclusion in Ayurvedic Casework
5	Jun 27, 2024	Clinical Management
6	Jul 18, 2024	Samprapti + Case Paper
7	Aug 1, 2024	Live Clinical Case
8	Aug 15, 2024	Doṣa Duṣya - The Signs of Doṣa Aggravation in Particular Dhatus
9	Aug 22, 2024	Identification of Herbs Based on Srotases Involved
10	Sep 19, 2024	Live Clinical Case
11	Oct 3, 2024	Creating a Panchakarma Protocol with Traditional Oils
12	Oct 17, 2024	Selection and Administration of Grithams for Snehapana
13	Oct 24, 2024	Clinical Management of Ama
14	Dec 10, 2024	Clinical Management of Digestive System Disorders and Herbs
15	Dec 12, 2024	Pain Management in Ayurveda
16	Jan 2, 2025	Asanas for Musculoskeletal Disorders
17	Jan 9, 2025	Low Back Pain and Sciatica
18	Jan 23, 2025	Comparative Study of Gout and Arthritis
19	Jan 30, 2025	Respiratory Disorders and Bhrusa Kshavadhu
20	Feb 13, 2025	Ayurvedic Management of Hyperthyroidism and Hypothyroidism
21	Feb 20, 2025	Management of Sopha (Swelling)
22	Feb 27, 2025	Ayurvedic Clinical Assessment of Mental Disorders: Dementia

23	Mar 13, 2025	Stress Management: An Ayurvedic Perspective
24	Mar 20, 2025	Comparative Study Eczema vs Psoriasis
25	Apr 3, 2025	Live Clinical Case
26	Apr 24, 2025	Ayurvedic Protocol for Diabetic Retinopathy
27	May 1, 2025	Live Clinical Case
28	May 8, 2025	Diseases of Pregnancy
29	May 15, 2025	Live Clinical Case
30	May 22, 2025	Men's Health
31	May 29, 2025	Live Clinical Case

Clinical Case Discussions

Class is live streamed for all students Tuesdays from 5:00-6:30 pm Pacific.

	Date	Topic
1	May 21, 2024	Avascular Necrosis
2	Jun 18, 2024	ADHD
3	Jul 23, 2024	Post COVID Syndrome
4	Aug 20, 2024	Low Blood Pressure
5	Sep 17, 2024	Facial Palsy
6	Oct 22, 2024	Diarrhea
7	Nov 19, 2024	Leucorrhea
8	Dec 17, 2024	Gerd
9	Jan 21, 2025	Eczema
10	Feb 18, 2025	Alzheimer's Disease

Mentoring Webinars

Live streamed for all students Thursdays from 5:30-7:00 pm Pacific.

	Date	Topics Covered
1	May 23, 2024	Assignments overview
2	Aug 8, 2024	How to read and prepare documentation for a successful Ayurvedic consultation
3	Nov 14, 2024	Case study
4	Jan 16, 2025	Case study
5	Apr 16, 2025	Case study

Monthly Review Sessions

Faculty will conduct a review session with the students Thursdays from 5:30pm-7:30pm Pacific approximately 2 weeks after the weekend class.

	Date	Topic
1	May 16, 2024	KAA 201
2	Jun 13, 2024	KAA 202
3	Jul 25, 2024	KAA 203
4	Oct 10, 2024	KAA 204
5	Nov 7, 2024	KAA 205
6	Nov 21, 2024	KAA 206
7	Dec 19, 2024	KAA 207
8	Feb 6, 2025	KAA 208
9	Mar 6, 2025	KAA 209
10	Apr 10, 2025	KAA 210

Clinical Internship (230 Hours)

U.S. Clinical Internship – On-Site in Milpitas, CA

U.S. Clinical Internships are offered in week-long, 5-day segments Monday through Friday, from 8:00am-6:00pm U.S. Pacific Time. Each internship is 46 hours.

Jan 13-17, 2025 – Limited space – recommended registration deadline: Oct 1

Apr 14-18, 2025 – Limited space – recommended registration deadline: Feb 1

Jun 9-13, 2025 – Limited space – recommended registration deadline: Mar 1

Nov 10-14, 2025 – Limited space – recommended registration deadline: Aug 1

Feb 9-13, 2026 – Limited space – recommended registration deadline: Oct 1

more dates will be added as needed

India Internship – On-Site in Cochin, Kerala & Bangalore

India Internships are offered on-site in Cochin, Kerala & Bangalore in 15-day sessions.

May 5-19, 2025 – Limited space – recommended registration deadline: Jan 1, 2025

September 29 - October 13, 2025 – Limited space – recommended registration deadline: Apr 1, 2025

November 3-17, 2025 – Limited space – recommended registration deadline: June 1, 2025

Dates will be confirmed at program start date; more dates will be added as needed

Test & Completion Schedule

Monthly Test	Testing is available on the elearning system after each Weekend Intensive
Completion	After all requirements are fulfilled (see Graduation Requirements in catalog)