

## SCHEDULE

### Certification Program Spring 2025

May 5, 2025 - November 5, 2026 | Milpitas, CA and Online

#### In Person Location

Kerala Ayurveda Academy & Wellness Center  
691 S Milpitas Blvd Ste 206  
Milpitas, CA 95035

#### Live Streamed Orientation

Monday, May 5, 2025 from 5:30-7:00 pm Pacific - Recorded

#### Weekend Intensives

Class is held on Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in person or via live streaming, and all classes are recorded for later viewing. A 1.5-hour lunch break begins at 12:30 pm each day.

Module	Subject	Dates
KAA 201	Advanced Physiology ( <i>Dosha Dhatu Mala Vigyan</i> )	May 10-11, 2025
KAA 202	Pathophysiology & Diagnostics ( <i>Nidan &amp; Rogi Pariksha</i> )	Jun 14-15, 2025
KAA 203	Advanced Herbology & Pharmaceutics ( <i>Dravya Guna &amp; Bhaishajya Kalpana</i> )	Jul 12-13, 2025
KAA 204	Advanced Bodywork & Detoxification ( <i>Panchakarma &amp; Rasayana</i> )	Aug 9-10, 2025
KAA 205	Kayachikitsa I: Management of Digestive System & Metabolic Disorders	Sep 13 -14, 2025
KAA 206	Kayachikitsa II: Management of Nervous & Musculoskeletal System Disorders	Oct 18- 19, 2025
KAA 207	Kayachikitsa III: Management of Respiratory System & Cardiovascular Disorders	Nov 15-16, 2025
KAA 208	Kayachikitsa IV: Management of Skin, Special Senses & Excretory System	Jan 10-11, 2026
KAA 209	Kayachikitsa V: Management of Male and Female Reproductive System Disorders & Pediatrics	Feb 14-15, 2026
KAA 210	Kayachikitsa VI: Management of Mental Health Imbalances	Mar 14-15, 2026

## Weekly Virtual Classroom Sessions

Class is live streamed for all students Thursdays from 5:30-7:30pm Pacific.

	Date	Topic
1	May 29, 2025	Doṣa Duṣya - The Signs of Doṣa Aggravation in Particular Dhatus
2	June 5, 2025	Srotas Based Clinical Interventions
3	June 12, 2025	Pranayama in Clinical Management
4	July 31, 2025	Diversity, Equity and Inclusion in Ayurvedic Casework
5	Aug 14, 2025	Herbs and Formulations Suitable for Each Srotas
6	Aug 28, 2025	Common Bedside Assessments (Western)
7	Sept 4, 2025	Live Case: Clinical Management- Fundamentals
8	Sept 18, 2025	Clinical Management of Obesity & Prediabetes Condition
9	Oct 2, 2025	Identification of Virechana Dravyas Based on Srotases Involved
10	Oct 9, 2025	Live Clinical Case: Samprapti + Case Paper
11	Oct 16, 2025	Selection and Administration of Grithams for Snehapana
12	Oct 23, 2025	Creating a Panchakarma Protocol with Traditional Oils
13	Dec 4, 2025	Pain Management in Ayurveda through yoga practice
14	Dec 18, 2025	Management of Seasonal Allergies
15	Jan 8, 2026	Autoimmune Arthritis
16	Jan 29, 2026	Ayurvedic Protocol for Diabetic Retinopathy
17	Feb 5, 2026	Differential assessment and Management of Sopha (Swelling)
18	Mar 5, 2026	Clinical Assessment of Senile Mental Health Problems:
19	Mar 12, 2026	Concepts and clinical approach of Endometriosis
20	Mar 19, 2026	Care of Diseases during Pregnancy & Post Partum
21	Apr 2, 2026	Ayurvedic Management of UTI
22	Apr 16, 2026	Clinical Management of Ama
23	Apr 23, 2026	Stress Management: An Ayurvedic Perspective
24	Apr 30, 2026	Ayurvedic Management of Hyperthyroidism and Hypothyroidism
25	May 7, 2026	Live Clinical Case
26	May 14, 2026	Ayurvedic Protocol for Constipation

27	May 28, 2026	Live Clinical Case
28	June 4, 2026	Clinical Management of Neurodegenerative Diseases
29	June 11, 2026	Live Clinical Case
30	June 18, 2026	Erectile Dysfunction
31	June 25, 2026	First Aid in Ayurveda

## Clinical Case Discussions

Class is live streamed for all students Tuesdays from 5:00-6:30pm Pacific on the following dates:

Date			
1	May 20, 2025	6	Oct 28, 2025
2	June 17, 2025	7	Nov 18, 2025
3	July 22, 2025	8	Dec 16, 2025
4	Aug 19, 2025	9	Jan 13, 2026
5	Sept 16, 2025	10	Feb 17, 2026

## Mentoring Webinars

Live streamed for all students Thursdays from 5:30-7:00 pm Pacific.

Date	Topics Covered
1 May 15, 2025	Assignments overview
2 Sept 11, 2025	How to read and prepare documentation for a successful Ayurvedic consultation
3 Nov 6, 2025	Case study
4 Feb 19, 2026	Case study
5 May 21, 2026	Case study

## Monthly Review Sessions

The faculty will conduct a review session with the students Thursdays from 5:30pm-7:30pm Pacific approximately 2 weeks after the weekend class.

	Date	Topic
1	May 22, 2025	KAA 201
2	June 26, 2025	KAA 202
3	July 24, 2025	KAA 203
4	Aug 21, 2025	KAA 204
5	Sept 25, 2025	KAA 205
6	Oct 30, 2025	KAA 206
7	Nov 20, 2025	KAA 207
8	Jan 22, 2026	KAA 208
9	Feb 26, 2026	KAA 209
10	Mar 26, 2026	KAA 210

## Online Clinical Internship: *Required for all Students*

Choose one from the following:

May 18-22, 2026

June 15-19, 2026

## Clinical Internship: *(135 hours minimum needed)*

Choose three US internships or one India Internship

### U.S. Clinical Internship – On-Site in Milpitas, CA

U.S. Clinical Internships are offered in week-long, 5-day segments Monday through Friday, from 8:00am-6:00pm U.S. Pacific Time. Each internship is 45 hours.

**Nov 10-14, 2025** – recommended registration deadline: Aug 1

**Feb 9-13, 2026** – recommended registration deadline: Oct 1

**April 13-17, 2026** - recommended registration deadline: Feb 1

**July 27-31, 2026** - recommended registration deadline: Apr 1

*More dates will be added as required.*

# Ayurvedic Practitioner



## India Internship – On-Site in Cochin, Kerala & Bangalore

India Internships are offered on-site in Cochin, Kerala & Bangalore in 15-day sessions. There is limited space available, sign up early!

**April 20 - May 4, 2026** – recommended registration deadline: Jan 1, 2026

**Oct 5 - 26, 2026** – recommended registration deadline: Jun 1, 2026

**Oct 20 - Nov 3, 2026** – recommended registration deadline: Jul 1, 2026

**Nov 2 - 16, 2026** – recommended registration deadline: Jul 1, 2026

## Test & Completion Schedule

Monthly Test	Testing is available on the elearning system after each Weekend Intensive
Completion	After all requirements are fulfilled (see Graduation Requirements in catalog)
Completion Celebration	November 5, 2026