



PANCHAKARMA TECHNICIAN

Course Catalog

2025 Program: Starts December 3, 2025 – August 26, 2026

Period of Enrollment: January 28, 2025 – March 25, 2026

REGISTERED OFFICE

State of CA
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Kerala Ayurveda Academy, in the State of California, is a privately-owned institution that is approved to operate by The Bureau for Private Postsecondary Education under School Code# 72482254.

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Approval to operate means compliance with state standards as set forth in the California Private Postsecondary Education act of 2009.



While Kerala Ayurveda Academy is not accredited with the US Department of Education, we are currently undergoing accreditation with the Ayurvedic Accreditation Commission (AAC), which is in the process of recognition with the US Department of Education





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Welcome to Kerala Ayurveda Academy

OUR MISSION: To integrate traditional Ayurvedic wisdom and healing with scientific research.

OUR PURPOSE: To serve as an authentic source of Ayurvedic education, research and community health care.

OUR COMMITMENT: To bring the highest caliber of academic excellence to the US and abroad. Kerala Ayurveda Academy (KAA) invites you to embark on a journey into the world of Ayurveda, where you will discover a profound potential for health and well-being offered by a time-proven, harmonious and holistic healthcare system.

Healthcare in the United States is changing. Health science has evolved to encompass our beliefs, emotions, behavior, thoughts, family and cultural systems, as well as the environmental context in which we live. All of these elements are relevant to our health. Ayurveda is a 5,000-year-old Indian system of healing that encompasses these aspects while offering solutions to achieve harmony at the level of Body, Mind and Spirit. Join us to become involved with this pioneering work that is transforming our healthcare industry into a more current model of holistic healthcare.

Kerala Ayurveda Academy is committed to offering the highest quality of education and services to our students so that they become the finest Ayurvedic health practitioners and educators for the future. Our aim is to maintain the authenticity of Ayurveda in the United States.

The curriculum is based on an Ayurvedic educational curriculum from Indian universities and is both academically challenging and rewarding. Students will find studying at Kerala Ayurveda Academy



intellectually stimulating and competitive. The programs encompass all fields of Ayurveda including Ayurvedic philosophy, herbology, psychology, Ayurvedic Dosha imbalance management, research, clinical practice and clinical application.

We have assembled the most qualified and experienced faculty to teach Ayurvedic principles. Most faculty members have Ayurvedic degrees from prestigious universities in India and 15 to 30 years of clinical experience. With Kerala Ayurveda Academy, feel assured that you will receive an authentic Ayurvedic education. The program coordinators at each location are supportive and eager to assist students in any way possible.

We congratulate you on your decision to become part of an inner circle of Ayurvedic professionals who promote healing and Life.

-The Kerala Ayurveda Academy Team



AYURVEDA: THE SCIENCE OF LIFE

Kerala Ayurveda Academy invites you on a great life adventure...

Kerala Ayurveda Academy is the first institute in the US to provide authentic Ayurvedic programs throughout the country. We currently offer classroom programs in the state of California plus online programs for the distant learner.

Ayurveda and Yoga are sister sciences and belong to the world's oldest and most well-documented healthcare system. Ayurveda, the science (Veda) of life (Ayur), balances the body and mind using natural therapies and herbal medicines. Yoga, the science of mind, brings balance and purity to the body. The two complement each other and together achieve harmony of the Body, Mind and Spirit, which is the essence of true health.

Knowledge of Ayurveda in today's world is essential as it aims for the preservation of health and prevention of disease by establishing balance and harmony through nutrition, herbs, meditation and daily routines. Ayurvedic science provides knowledge to unfold reality beyond the physical body and achieve harmony of Body, Mind and Spirit. The World Health Organization recognizes Ayurveda as a complete natural healthcare system.

Now is the perfect time for Ayurvedic graduates to embark on a professional journey. They have a unique opportunity today to lead successful lives by assisting family, friends and rogis in creating healthier bodies and lifestyles, eventually lowering healthcare costs.



PANCHAKARMA'S ROLE IN HEALING

Panchakarma is a purification process of the mind-body system. Using various bodywork techniques, client-customized oils and special diets, Panchakarma therapies are customized for individuals based on their unique constitution and health conditions. The first step of these therapies is to eliminate the accumulated toxins, wastes and blocked channels creating the imbalance. After this detoxification, rejuvenation methodologies are implemented to restore and strengthen the system for optimal functionality.

Our program enables Ayurvedic students of all levels the opportunity to learn the traditional Panchakarma philosophy and methodologies. Panchakarma's healing results are often deeper and longer-lasting, thus leading to increased client satisfaction and eventually lowering healthcare costs. Ayurvedic students and health professionals from all backgrounds have a unique opportunity in this day and age to assist family, friends and clients in targeting the root cause of their illness, leading to more balanced, fulfilling and wholesome lives.

PROFESSIONAL POSSIBILITIES WITH AYURVEDA & PANCHAKARMA

- **Licensed healthcare practitioners & healers** from all backgrounds can apply their Panchakarma knowledge to enhance their current practice.
- Ayurvedic professionals, massage therapists, body workers and estheticians may enhance their treatments, services and products.
- **Ayurvedic professionals** may open Panchakarma centers, wellness centers, spas or resorts offering Ayurvedic body therapies.
- **Entrepreneurs** may develop Ayurvedic products for Panchakarma therapies.

Please note: This certification is not a “license” to practice Panchakarma. Kerala Ayurveda Academy provides the knowledge and skill training necessary to become a competent Panchakarma technician. All students in this program must verify and comply with all local rules and regulations governing aspects of Panchakarma practice.

WHY CHOOSE KERALA AYURVEDA ACADEMY?

AUTHENTICITY	<i>We offer the highest level of Ayurvedic training outside of India based on the root Vedic texts. Our faculty and advisors include several of the world's leading Ayurvedic experts.</i>
FLEXIBILITY	<i>Programs include weekend and evening sessions, online learning, live streaming and in-class formats.</i>
ALUMNI BENEFITS	<i>We strive to offer the most generous alumni benefits including continued access to curriculum and discounts.</i>
GLOBAL COMMUNITY	<i>Our students and alumni are part of a global Ayurvedic community and have access to rich resources in India with support from Kerala Ayurveda, Ltd, a full spectrum Ayurvedic company.</i>

As a Kerala student, you can take pride in knowing...

You are part of a globally recognized and highly respected Ayurvedic lineage which is experiencing tremendous growth in the West. With 2,500+ alumni, you are a part of one of the largest student bodies of Ayurveda in the country.

You embark on your journey knowing that you can qualify for all three levels of professional membership in Ayurveda set by the National Ayurvedic Medical Association (NAMA) with us, including the option to study at our sister sites in India.

You receive the most authentic education in Ayurveda, based on the Vedic texts. KAA programs have been developed under the guidance of experts from the faculty of Ayurveda at Banaras Hindu University, aligning to the benchmarks for training in Ayurveda published by the World Health Organization (WHO) in 2010. BHU is an internationally reputed University founded in 1916 hosting schools in medicine, science, technology, social science and performing arts with over 20,000 students and 2,500 scholars.

Kerala Ayurveda Academy is a 100% subsidiary of Kerala Ayurveda Limited (KAL), India - a full spectrum Ayurveda company operating 30 Ayurveda clinics, 2 hospitals, 400 herbal formulations, Medicinal Herbal Gardens and AyurvedaGram Heritage Life Centre. KAL is part of Kutra Life Sciences, which aims at providing "Life, Naturally" to all.

Each year, KAL and Kerala Ayurveda USA provide Life services to more than 70,000 people, and KAA welcomes over 200 new students to the Kerala Family.

KAL is based in Kerala, India, referred to as "God's Own Country": the land that cherishes the traditional practice of Ayurveda and where the science has been preserved in its purest and most authentic form.

KAL and KAA have embarked on a journey to make Ayurveda a global choice for better health. KAL's mission is to "Evolve Ayurveda" with substantial investments in research so that Ayurveda is promoted globally in an authentic manner for the benefit and Life of humankind.

KAL is powered by a cutting-edge research team including biologists, chemists, scholars and practitioners, and has applied science to adapt this ancient wisdom for the new millennium – for products that are pure, safe and functional.

Kerala Ayurveda is one of the most well-regarded names in Ayurveda and has received the honors:

- Best Ayurvedic Treatment Center of the Year – AyurvedaGram, 2017, ASSOCHAM
- Indian Agribusiness Excellence Awards – Katra Phytochem, 2017
- Herbal Company of the Year, 2016, ASSOCHAM
- Spa & Life Centre of the Year – AyurvedaGram, 2016 from ASSOCHAM
- Best Integrated Life Provider in India - AyurvedaGram, 2010 & 2011, Frost & Sullivan Award
- Make in India Emerging Entrepreneurs, 2017, India Today
- Certification of Excellence – AyurvedaGram, TripAdvisor
- Ranked 5 out of 724 for Specialty Hospitality in Bengaluru (Bangalore), TripAdvisor





Panchakarma Technician

250 Hour Certification Program

PROGRAM OVERVIEW

Panchakarma is a process of cleansing and rejuvenating the system based on the ancient system of Ayurveda. It works with the subtle flow of energy, incorporating various bodywork techniques to allow healing at the deepest level. Using natural ingredients, it is customized for individuals based on their constitution and health conditions. This course covers Panchakarma's philosophy, principles and methods of implementation, as outlined in the Vedic texts. Upon successful completion of the course, you will be awarded a Panchakarma Technician Certificate.

GENERAL FORMAT

- 250 Total Hours
- Two 5-Day Intensives In-Class Only - Wed-Sun
- Online Recorded Lectures, Independent Assignments

PREREQUISITES

- Students must submit proof of a high school diploma or equivalent.
- It is recommended to be an Allied Health Professional with a "license to touch" according to your local state regulations. See FAQ for more details.

SCOPE OF PRACTICE

Upon completion, Panchakarma Technicians are able to:

- Perform all Ayurvedic hands-on Shamana therapies in a clinic or private practice with an emphasis on utilizing the techniques for purposes of pacification. Shamana includes external calming procedures & regimen without internal cleansing.
- Perform Panchakarma therapies in connection with a Panchakarma program, under the guidance of a qualified Ayurvedic Practitioner/Vaidya, with an emphasis on utilizing the therapies for purposes of *Shamana* and *Shodhana* Chikitsa. *Shodhana* includes detoxification & purification procedures and requires the advanced clinical knowledge of an Ayurvedic Vaidya.
- Support and help deliver the Panchakarma treatment program designed by the Ayurvedic Practitioner/Vaidya. The Panchakarma Technician is not trained to design a complete Panchakarma program with both *Shamana* and *Shodhana* therapies.

The individual's scope of practice will be more specifically designated by local/state guidelines. It is the individual's responsibility to be compliant.

LEARNING OUTCOMES

This course is designed to provide comprehensive education in the traditional Panchakarma methodologies as outlined in the Vedic texts in a contemporary context for today's health seekers and professionals. Upon completion, students will:

- Understand the ancient Ayurvedic theory of the elements, individual constitution, subtle energetics and how to apply them in a healing context.
- Be able to assess the Ayurvedic constitution and imbalance of a client, communicate and document the findings with an Ayurvedic Practitioner/Vaidya.
- Discover the step-by-step process of cleansing and rejuvenation for all body systems, including the three phases of Panchakarma and the five-fold detoxification process.
- Learn how to design a customized plan for simple Panchakarma *Shamana* (external therapies) for an individual.
- Learn how to implement a customized plan for *Shamana* (external therapies) and *Shodhana* (internal cleansing therapies) with the support of an Ayurvedic Practitioner/Vaidya.
- Learn how to create specialized, client-customized oils with natural herbal ingredients for therapies.
- Learn how to prepare specialized food during Panchakarma.
- Understand the purpose, function, indications, contraindications, and how to perform bodywork treatments including *Abhyanga*, *Udvardhana*, *Svedana*, *Pinda Sveda*, *Pizhichil*, *Dhara*, *Shirodhara*, *Takradhara*, *Ksheera Dhara*, *Kati Vasti*, *Valuka Sweda*, *Nasya*, *Netra Tarpana*, *Upanaha*, *Pichu*, *Choorna Sweda*, Marma Balancing.
- Guide clients on the post-Panchakarma food and lifestyle practices to maintain health.



Curriculum

PK001 | Foundational Principles of Ayurveda

We begin studying the roots of Ayurveda and how this “common sense science” system can help heal and maintain balance for life. Learn how the three universal energies and the five elements are important in maintaining health and longevity, as well as the fundamental tenets of an effective Ayurvedic health program. Topics include:

- History and philosophy of Ayurveda.
- The three universal energies (*Doshas*) and five elements (*Mahabhutas*).
- Physiological disposition (*Prakruti*), imbalances (*Vikruti*) and dynamic balance.
- An Ayurvedic view of the universe and humanity’s place within it.
- A comprehensive introduction to basic Ayurvedic concepts: *Agni*, *Doshas*, *Dhatus*, *Malas*, *Srotas* and *Marmas*.
- Principles of Ayurvedic psychology.
- Principles of Ayurvedic nutrition.
- Concept of detoxification and rejuvenation.

PK002 | Principles of Panchakarma

Next, we will deepen our learning on detoxification and rejuvenation by studying the ethics, reasons, methods and treatments during Panchakarma from beginning to end. Topics include:

- Principles of Panchakarma and how it works.
- Benefits of Panchakarma.
- Indications and Contraindications.
- Process of Panchakarma:
 - Preparatory phase.

- Main process of purification.
- Post purification recuperation.
- Preparation for Panchakarma:
 - *Deepana* and *Pachana*.
 - *Snehana* and *Swedana*.
- The main purification processes.
- Concept of Marma therapy.

PK003 | Advanced Principles and Practice of Panchakarma

The final module in the theoretical series involves a combination of theory and hands-on practice, covering advanced topics of Panchakarma, including bodywork, detoxification and *Rasayana*. Topics include:

- Review of the Panchakarma process will be covered, including the *Poorvakarma* (Preparation), *Pradhanakarma* (Main Procedure) and *Paschatkarma* (Post panchakarma recuperation).
- The preparatory procedures, including various types of *Snehana* & *Swedana* therapies such as *Abhyanga*, *Choornasweda*, *Patrapotala Sweda*, *Njavarakizhi*, *Kateevasthi*, *Shirodhara*, *Lepam*, *Pichu*.
- The five-fold Ayurvedic detoxification procedures such as *Vamana*, *Virechana*, *Anuvasana*, *Niroohavasthi* and *Nasya*.
- The post-Panchakarma recuperation, including specific food and lifestyle modification.
- *Rasayana*: Rejuvenation modalities of Ayurveda.

Practical Session 1 | Prep and Purvakarma

The first class of the practical series will introduce you to the hands-on knowledge and experience you will need to be a successful Panchakarma Technician, beginning with some of the preliminary Panchakarma therapies known as *Purvakarma*, including *Swedana*. Topics include:

- Scope of practice as a Panchakarma Technician.
- Review stages and benefits of Panchakarma.
- Guidelines for the client's diet and lifestyle during Panchakarma.
- Indications, contraindications, safety and precautions for the technician.

You'll receive hands-on practice in:

- Preparation of the client including draping techniques.
- Setting up the Panchakarma table and room before the bodywork.
 - *Snehana* (Oleation): Preparation of oils.
- *Abhyantara Snehana* (Internal Oleation).
- *Bahya Snehana* (External Oleation):
- *Abhyanga* (Oil application).
 - *Shiro Abhyanga* (Oil application on head).
 - *Mukha Abhyanga* (Oil application on face).
 - *Pada Abhyanga* (Oil application on feet).
 - *Deha Abhyanga* (Oil application on body).
- *Self-abhyanga*. *Abhyanga* (Oil application).
 - *Shiro Abhyanga* (Oil application on head).

- *Mukha Abhyanga* (Oil application on face).
- *Pada Abhyanga* (Oil application on feet).
- *Deha Abhyanga* (Oil application on body).
- Specialty *Abhyanga*:
 - *Garbhini Abhyanga* (Prenatal oleation).
 - *Sutika Abhyanga* (Postnatal oleation).
 - *Kumara Abhyanga* (Oleation for babies).
- *Rukshana* (Dry therapies):
 - *Udwartana*.
- *Swedana* (Sudation):
 - *Anagneya Swedana* (Sudation without heat):
 - *Upanaham*.
 - *Agneya Swedana* (Sudation with heat).

Marma Balancing Therapies:

- *Tapa Swedam* (Dry heat):
 - *Choorna Swedam* (Powder bolus).
 - *Valuka Swedam* (Sand bolus).
- *Ushma Sweda* (Moist heat):
 - *Bashpa Swedam* (Steam bath).
 - *Pathra Potali Sweda* (Leaf bolus).
 - *Jambira Pinda Sweda* (Lemon bolus).
 - *Shashtika Pinda Sweda* (Rice bolus).
- *Snehana & Swedana* (Oil & Heat):
 - *Choorna Pinda Swedam* (Powder bolus with oil).
 - *Kayaseka* (Pizhichil - The Royal Oil bath).

Practical Session 2 | Main Panchakarma Techniques and Specialty Therapies

This session will introduce the application of Shamana therapies. We'll discuss a variety of case studies and evaluate and make recommendations.

The Shamana therapies include:

- *Thakradhara* (Shirodhara with herbalised buttermilk).
- *Ksheeradhara* (Shirodhara with herbalised milk).
- *Kati Vasti* (Warm oil retained on lower back).
- *Greeva Vasti* (Warm oil retained on neck).
- *Janu Vasti* (Warm oil retained on knee).

Main Panchakarma techniques and specialty therapies which will be specifically conducted under the guidance of an Ayurvedic Doctor (*Vaidya*):

- *Pradhana Karma* (Main procedures):
 - *Vamana* (Induced emesis - theoretical understanding only).
 - *Virechana* (Medicated purgation).

- *Vasti* (Medicated Enemas):
 - *Sneha Vasti* (Preparation and practice)
 - *Kashaya Vasti* (Preparation and variations based on conditions).
- *Nasya* (Nasal administration).
- *Raktamoksha* (Bloodletting - theoretical understanding only).
- Specialty *Shamana* Therapies:
 - *Netra Kalpanas* (Eye therapies):
 - *Netra Sekam*
 - *Aschyotanam*
 - *Netra Pindi*
 - *Vidalakam*
 - *Netra Tarpanam or Netra Vasti*
 - *Putapakam*
 - *Anjanam*
 - *Shirovasti*
 - *Shirolepam*
 - *Ksheera Dhoomam*
- *Paschatkarma* (Post-Panchakarma recuperation).
- *Rasayana* - selection, dosage and methods of application.

LEARNING MATERIALS

- **Course manuals:** Print versions and PDFs.
- **Elearning:** Learn anytime, anywhere, at your own convenience on your own computer. Our Panchakarma Technician certification program content is made available to students online via our elearning system powered by TalentLMS. Elearning provides access to course information, assignments, online recorded lectures, course manuals, class slides, study guides and tests.
- **On Site:** We offer an onsite reference library in the main classroom for students to use while they are at the Academy either during breaks or when they are on campus outside of classroom hours.

Program Schedule & Format

Event	Dates	Format
Orientation	December 3, 2025	Live Streamed & Recorded
PK 001: Foundational Principles of Ayurveda	Self-paced	Recordings, elearning system
Q&A Session 1	January 7, 2026	Live Streamed & Recorded
PK 002: Principles of Panchakarma	Self-paced	Recordings, elearning system
Q&A Session 2	February 4, 2026	Live Streamed & Recorded
Practical Session 1: Prep and Purvakarma	February 18-22, 2026	In Person, Milpitas, CA
Q&A Session 3	March 25, 2026	Live Streamed & Recorded
PK 003: Advanced Principles and Practices of Panchakarma	Self-paced	Recordings, elearning system
Q&A Session 4	May 6, 2026	Live Streamed & Recorded
Practical Session 2: Main Panchakarma Techniques and Specialty Therapies	June 24-27, 2026	In Person, Milpitas, CA
Q&A Session 5	July 22, 2026	Live Streamed & Recorded
Q&A Session 6	August 19, 2026	Live Streamed & Recorded
Completion Date	August 26, 2026	

*Please note these dates are subject to change. Kerala Ayurveda Academy reserves the right to cancel classes if student enrollment minimum is not met.

FORMAT:

Elearning

The Pre-recorded lectures for PK001, PK002 and PK003 are available in the elearning system where students may watch recorded lectures at their own pace. There are also supplemental recordings, pretests and tests after each of these events. The tests are graded pass/fail and students can retake them up to 3 times.

Assignment: Hands-on Practice

This assignment will provide students with hands-on practice outside of class. It is designed to allow students to apply their learning in hands-on experience to build as a technician. Students are responsible to complete their practical hours and perform any of the techniques they have learned for ten sessions. The assignment is submitted in a written case summary format for evaluation by the assigned mentor. Students have the opportunity to interact with their mentor to discuss and improve on any issues or concerns which may arise during the clinical encounters via the elearning system or during the Q&A Sessions.

Creating Panchakarma Protocol: 5 Cases

Students are provided with five (5) cases with detailed client information. The student will research, create and document a customized Panchakarma protocol including:

- *Deepana* and *Pachana* protocol.
- *Snehana* protocol.
- *Swedana* protocol.
- *Shodhana* process.
- Diet and lifestyle recommendations during and after the Panchakarma therapies.
- *Rasayana* protocol.

TESTS & GRADING

- There are three tests on the material taught.
- Tests are multiple choice. Minimum passing grade is 70%.
- All testing is conducted online through our elearning system and grades are immediately available in the student online account. Project and assignment grades are posted within 10 days of submission.
- A student who does not achieve the minimum passing grade of 70% for graduation may retake the tests up to three times. The highest score will be recorded.

COMPLETION REQUIREMENTS

- The student paid the full tuition for the program.
- The student watched Recorded Lectures of PK001, PK002 and PK003.
- The student attended in person the two 5-day practicums.
- The student passed all tests with a minimum grade of 70%.
- The student completed and passed all assignments (graded as pass/fail).

CLASSROOM LOCATION:

Kerala Ayurveda Academy & Wellness Center
691 South Milpitas Blvd Suite 206
Milpitas, CA

Located in San Francisco South Bay and eight miles from the San Jose Airport, our flagship location consists of a spacious classroom for lectures, dynamic conference and auditorium rooms, consultation and Panchakarma rooms, a library and an herbal apothecary. Amenities include free wifi and ample parking space. The center is located within walking distance of restaurants and health clubs. Our Student Support team can provide more information and local guidance for planning your visit.

SPECIAL ACCOMMODATIONS

Kerala Ayurveda Academy is required to provide necessary accommodations to provide students with disabilities an equal opportunity for participation in the program. Accommodations are provided on an individual basis and the Academy may be contacted to make such arrangements at +1 [510\) 257-6640 x 120](tel:5102576640) or support@keralaayurveda.us.

ENROLLMENT

Enrollment is easy: Begin the process with our **Online Enrollment Agreement** via our website: keralaayurveda.us/courses/panchakarma-technician-certification-enroll. As a prospective student, you are encouraged to review this Catalog prior to signing the Enrollment Agreement.

Faculty

Kerala Ayurveda Academy's mission is to offer authentic Ayurvedic courses by experienced Ayurvedic Doctors. Many of our faculty members are established Ayurvedic physicians who have received degrees from renowned Universities in India – the “Holy Land” of Ayurveda – and have more than 15 years of experience in Ayurvedic practice and teaching. Faculty are eager to share and hand over this ancient wisdom to our enthusiastic students.



Vaidya Jayarajan Kodikannath

BACHELOR OF AYURVEDIC MEDICINE & SURGERY

Vaidya Jayarajan is the Academy Director of Kerala Ayurveda USA, overseeing international academic programs. A Kerala, India native from a Vaidya family, he is an experienced Ayurveda scholar, clinician, and Lead Trainer for Domain Experts, with over two decades in health and education.



Alka Mulakaluri

AYURVEDIC DOCTOR (NAMA), AYURVEDIC WELLNESS PRACTITIONER, PANCHAKARMA SPECIALIST, LICENSED MASSAGE THERAPIST

Alka is a gifted Ayurvedic Practitioner and Panchakarma Specialist, blending Western massage techniques with Ayurvedic preventive measures, psychology, and detoxification for deep healing. Her passion for healing is reflected in her teaching of Ayurvedic principles of heart-centered care.



Vaidya Princy Prasad

BACHELOR OF AYURVEDIC MEDICINE & SURGERY, BAMS, MS (AYU), PHD (AYU)

Vaidya Princy Prasad has a special focus on Orthopedic management, Para-surgical procedures and diverse health conditions. She has a degree in Ayurvedic Medicine and Surgery and master's degree in surgery (Ayu) from Kerala University of Health Sciences. Her research studies in Gujarat Ayurveda University, Jamnagar led her to a Doctor of Philosophy (Ayu). She authored articles in Ayurveda for reputable Ayurvedic journals and is the subject editor of International Journal for AYUSH case reports.



Vaidya Sheena Sooraj

BACHELOR OF AYURVEDA MEDICINE & SURGERY

Vaidya Sheena Sooraj, an experienced Ayurvedic practitioner from Kerala, India, was inspired by her grandfather, a renowned Ayurvedic physician. She has run practices in India and the U.S., treating a wide range of diseases. A passionate advocate of Ayurveda, she leads public talks on its importance in daily life.



Tuition & Fees

Tuition is due upon enrollment.
See Policies & Procedures for more information.

KAA Students and Alumni

AHC, AP or AD (ACS) certification programs.

Tuition for KAA Students and Alumni			
Tuition		\$3,750	
Payment Plans			
Schedule	Tuition	Payments	Total ³
Pay in Full	\$3,650	1	\$3,650
Split ²	\$1,875	2	\$3,750
Monthly ⁴	\$660	6	\$3,960

The total estimated tuition for KAA Students and Alumni for the period of Jan 1, 2025-Sept 24, 2025 is the following:

Pay in Full \$3,650, Split Payment \$3,750, Monthly Payments \$3,960

General Public

Tuition for General Public				
Tuition		\$3,850	Registration Fee	\$100
Payment Plans				
Schedule	Tuition	Payments	Registration Fee	Total
Pay in Full	\$3,750	1	\$100	\$3,850
Split ¹	\$1,925	2	\$100	\$3,950
Monthly ²	\$675	6	\$100	\$4,150

The total estimated tuition for General Public for the period of Jan 21-Sept 24, 2025 is the following:

Pay in Full \$3,850, Split Payment \$3,950, Monthly Payments \$4,150

Please Note:

1. Split payment schedule: first payment billed upon enrollment; second payment billed 3 months later.
2. Students choosing the monthly payment plan will be required to complete and sign a Payment Agreement Contract upon enrollment. Please note that the first payment is due upon enrollment.
3. There is a management fee for extended payment plans.
4. STRF payments for California students is \$0 per \$1000.
5. Please note that all discounts are non-transferable and will be voided if your PKT enrollment is canceled.

REFUND AND CANCELLATION (WITHDRAWAL) POLICY

The Student's Right to Cancel

The student has a right to cancel the enrollment agreement and obtain a refund. **A written notice from the student, about the cancellation is required and should be sent to the address below.** For specifics related to your refund, refer to the refund tables according to your State.

Student Support

Kerala Ayurveda Academy

691 S Milpitas Blvd Suite 206 Milpitas, CA 95035

State of California

The registration and manual fee are nonrefundable. The student has the right to cancel the enrollment agreement and obtain a refund of charges paid through attendance at the first class session, or the seventh day after enrollment, whichever is later. There will be no refund if the student decides to withdraw after 60% of the classes (attendance of the 3rd class).

Refund Requests will be processed based on In-Class and online events accessed (whichever is greater).

Date by which students must exercise their right to cancel: December 11, 2025

- A written notice from the students about the cancellation will be required.
- A telephone call about cancellation or absenteeism for the classes will not be considered as true cancellation. In such cases, students will not receive the refund for that period.
- The refund will be processed within 30 days from the day KAA receives the official written notice of cancellation from the student.
- The refund check will be mailed to the official address of the student. If original payment is by credit card the refund will be processed on the credit card.
- Eligible refunds will not include the applicable interest during the enrollment period.

In case the student decides to withdraw during the program, before 60% of the classes are over, the following will be the refund calculation:

Refund Calculations	
Step 1	Deduct \$100 (registration fees as applicable) from total tuition paid
Step 2	Divide total tuition paid by 5 (number of events) = "tuition per event"
Step 3	Multiply number of events accessed in elearning by "tuition per event"
Step 4	Subtract the amount in step 3 from the amount in step 1. This is the refund amount.

Example: if the student decides to withdraw after completing 3 events and if they have paid the full tuition, the refund will be as follows:

Example Refund Calculation		
Step 1	\$3950 - \$100	\$3850.00
Step 2	\$3850 / 5	\$770
Step 3	3 events x \$770	\$2,310.00
Step 4	\$3,850 - \$2,310	\$1,540.00
	Total refund will be:	\$1,540.00

Refunds will be issued within 30 days of the date of student notification, or date of school determination (withdrawn due to absences or other criteria as specified in the school catalog), or in the case of a student not returning from an authorized Leave of Absence (LOA), within 30 days of the date the student was scheduled to return from the LOA and did not return.

Kerala Ayurveda Academy encourages diversity and accepts applications from all minorities. Kerala Ayurveda Academy does not discriminate based on race, creed, color, national origin, sex, veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained guide dog or service animal by a person with a disability. Kerala Ayurveda Academy acknowledges that information pertaining an applicant's disability is voluntary and confidential and will be made on an individual basis. If this information is presented, Kerala Ayurveda Academy will reasonably attempt to provide an accommodation to overcome the effects of the limitation of the qualified applicant. All inquiries about accommodations should be made to the admissions administrator upon registration of the program.

Additional Fees

The following is a list of additional fees for all plans and programs:

- Registration Fee-non-fundable (for students new to KAA): \$100 upon enrollment
- Equipment: \$0
- Lab Supplies or kit fees: \$0
- Uniform or Special Protective Clothing Fee: \$0
- Learning Media Fee: \$0
- Tutoring Fees: \$50/hour (only if requested for additional private tutoring)
- In-resident housing Fees: \$0
- Assessment Fee: \$0
- Transfer or Credit Fee: \$0
- Manual Fee: \$0
- Student Tuition Recovery Fund fee CALIFORNIA STUDENTS ONLY (nonrefundable): \$0 per every \$1,000

Note: The Registration Fee and STRF Fee are Non-Refundable

FINANCIAL AID

Kerala Ayurveda Academy does not offer state or federal financial aid to students. If a student obtains a loan to pay for an educational program, the student will have the responsibility to repay the full amount of the loan plus interest, less the amount of any refund. If the student has received federal student financial aid funds, the student is entitled to a refund of the monies paid from federal student financial aid program funds.

If a student is eligible for a loan guaranteed by the federal or state government and the student defaults on the loan, both of the following may occur:

- The federal or state government or a loan guarantee agency may take action against the student, including applying any income tax refund to which the person is entitled to reduce the balance owed on the loan.
- The student may not be eligible for any other federal student financial aid at another institution or other government assistance until the loan is repaid.

“Notice - Any holder of this consumer credit contract is subject to all claims and defenses that the debtor could assert against the seller of the goods or services obtained pursuant hereto or with the proceeds hereof, recovery hereunder by the debtor shall not exceed amounts paid by the debtor hereunder.”

“Kerala Ayurveda Academy does not have a pending petition in bankruptcy, is not operating as a debtor in possession, has not filed a petition within the preceding five years, and has not had a petition in bankruptcy filed against it within the preceding five years that resulted in reorganization under Chapter 11 of the United States Bankruptcy Code (11U.S.C. Sec. 1101 et seq.).”

STUDENT TUITION RECOVERY FUND (STRF) FEE (NON-REFUNDABLE) – STATE OF CALIFORNIA

"The State of California established the Student Tuition Recovery Fund (STRF) to relieve or mitigate economic loss suffered by a student in an educational program at a qualifying institution, who is or was a California resident while enrolled, or was enrolled in a residency program, if the student enrolled in the institution, prepaid tuition, and suffered an economic loss. Unless relieved of the obligation to do so, you must pay the state-imposed assessment for the STRF, or it must be paid on your behalf, if you are a student in an educational program, who is a California resident, or are enrolled in a residency program, and prepay all or part of your tuition.

You are not eligible for protection from the STRF and you are not required to pay the STRF assessment, if you are not a California resident, or are not enrolled in a residency program."

"It is important that you keep copies of your enrollment agreement, financial aid documents, receipts, or any other information that documents the amount paid to the school. Questions regarding the STRF may be directed to the

Bureau for Private Postsecondary Education,

1747 N. Market Blvd. Ste 225, Sacramento, CA 95834,

PO Box 980818, West Sacramento, CA 95798-0818,

Website: www.bppe.ca.gov,

Phone: (888) 370-7589, or by fax (916) 263-1897 or (916) 574-8900 or by fax (916) 263-1897.

To be eligible for STRF, you must be a California resident or are enrolled in a residency program, prepaid tuition, paid or deemed to have paid the STRF assessment, and suffered an economic loss as a result of any of the following:

federal student financial aid program funds.

- The institution, a location of the institution, or an educational program offered by the institution was closed or discontinued, and you did not choose to participate in a teach-out plan approved by the Bureau or did not complete a chosen teach-out plan approved by the Bureau.
- You were enrolled at an institution or a location of the institution within the 120-day period before the closure of the institution or location of the institution or were enrolled in an educational program within the 120-day period before the program was discontinued.
- You were enrolled at an institution or a location of the institution more than 120 days before the closure of the institution or location of the institution, in an educational program offered by the institution as to which the Bureau determined there was a significant decline in the quality or value of the program more than 120 days before closure.
- The institution has been ordered to pay a refund by the Bureau but has failed to do so.
- The institution has failed to pay or reimburse loan proceeds under a federal student loan program as required by law or has failed to pay or reimburse proceeds received by the institution in excess of tuition and other costs.
- You have been awarded restitution, a refund, or other monetary award by an arbitrator or court, based on a violation of this chapter by an institution or representative of an institution, but have been unable to collect the award from the institution.
- You sought legal counsel that resulted in the cancellation of one or more of your student loans and have an invoice for services rendered and evidence of the cancellation of the student loan or loans.

To qualify for STRF reimbursement, the application must be received within four (4) years from the date of the action or event that made the student eligible for recovery from STRF. A student whose loan is revived by a loan holder or debt collector after a period of non-collection may, at any time, file a written application for recovery from STRF for the debt that would have otherwise been eligible for recovery. If it has been more than four (4) years since the action or event that made the student eligible, the student must have filed a written application for recovery within the original four (4) year period, unless the period has been extended by another act of law. However, no claim can be paid to any student without a social security number or a taxpayer identification number.”



Policies & Procedures

DIVERSITY

Kerala Ayurveda Academy encourages diversity and accepts applications from all minorities. Kerala Ayurveda Academy does not discriminate on the basis of race, creed, color, national origin, sex, veteran or military status, sexual orientation, or the presence of any sensory, mental, or physical disability or the use of a trained guide dog or service animal by a person with a disability. Kerala Ayurveda Academy acknowledges that information pertaining to an applicant's disability is voluntary and confidential and will be made on an individual basis. If this information is presented, Kerala Ayurveda Academy will reasonably attempt to provide accommodation to overcome the effects of the limitation of the qualified applicant. All inquiries about accommodation should be made to the admissions administrator upon registration of the program.

ATTENDANCE POLICY

Attendance is monitored via attendance taken in-class and during live streamed sessions. The total available hours in this program are 250, including 82 in-class practical session hours which are required attendance for this program.

MAKE-UP AND RETAKE POLICY

If a student is unable to take the Practical Sessions, they must attend them live to complete the program. This can be accomplished by 1. Retaking with a future class; or 2. Attending an independent PK study in Kochi, India at our sister Academy (additional fee). To plan for all make-up or retake sessions, please contact Student Support at support@keralaayurveda.us.

CONDUCT

At KAA, programs are directed toward professional training. The students shall show respect to others and observe correct standards of conduct. The Honor System embodies values of personal integrity, honesty, and trust.

Fundamental to the Honor System is the Honor Code of Responsibility, and it is upon its principles that the Academy has based the Standards of Conduct.

Honor Code of Responsibility

- Each member is responsible for maintaining a high level of civility, integrity, honesty, and trust within the community.
- Each student is responsible for presenting work of her/his own creation and refraining from representing as her/his own work that is not her/his.
- Conduct in keeping with the attendance policies.

TERMINATION AND DISMISSAL POLICY

- If the course is terminated after the student begins classes, the Academy may retain a percentage of the total tuition as described in the Refund Policy.
- For a student who is on authorized Sabbatical, the withdrawal date is the date the student was scheduled to return from Leave and failed to do so.
- **For nonpayment issues:** verbal and written warnings will be sent from Student Support Services. After a minimum of 3 attempts within 3 months and no response from the student, the student will be immediately dismissed.

SUSPENSION (PROBATION) POLICY

There are disciplinary guidelines to provide an environment to learn and grow independently, which give students rights and responsibilities.

- Any behavior disruptive to other students or the smooth running of the class will not be allowed.
- Students will have to pay the tuition on time; this includes one-time fees and payment plans.
- Students must maintain a passing grade of 70%.

For behavioral issues: At first incidence, warning will be given. At the second incident, the student will be suspended for the entire weekend. A student will be readmitted after a suspended weekend. If the behavior persists, the student will be dismissed (terminated) from the program. When the conduct of the student threatens the other student's safety, KAA reserves the right to dismiss a student immediately.

LENGTH OF TIME FOR STUDENT CERTIFICATIONS

PKT Students are expected to complete within August 26, 2026, however they can take an additional 3 months to complete, if necessary, without penalty.

If after the extended time you do not complete your program, you are considered dropped. You will need to complete a new enrollment agreement and reapply for the program.

Contact Student Support Services at support@keralaayurveda.us or +1 (510) 257-6640 x 120

*You may contact the school for extenuating circumstances.

STUDENT SABBATICAL (LEAVE OF ABSENCE)

If a student has completed their full tuition payment or wants to take sabbatical and is paid up to date, they may take a sabbatical up to 1 year and then re-enroll in the next program, transferring their payment credit and attendance to the new class co-hort. (Note: During the sabbatical there is no access to their course materials or their mentor).

If a student does not return from their sabbatical, they will be dropped from the program. If they wish to return after being dropped, they will need to re-enroll in the program as a new student and complete their payment prior to the class start date.

Procedure: Students must contact Student Support Services for a Sabbatical Request form and pay a \$50 fee. Once the form has been submitted and approved, the student has up to 1 year from that date for their sabbatical.

ENGLISH AS A SECOND LANGUAGE & FOREIGN STUDENTS

Foreign students are accepted, however, KAA courses are instructed in English and KAA does not offer English as a second language. Foreign students are required to have proof of English proficiency with a passing score of minimum 80% on the TOEFL exam for enrollment. Visa services are not provided, and Kerala Ayurveda Academy will not vouch for student status and any associated charges.

RECORD RETENTION

All records concerning the Kerala Ayurveda Academy are kept for fifty years after a student's graduation, withdrawal or termination, except for transcripts which are kept permanently. Student records are kept at 691 S Milpitas Blvd Suite 206 Milpitas, CA 95035. Students requesting copies of these documents must submit a signed letter to the above address to the attention of the Student Support.

GRIEVANCE PROCEDURE AND PROCEDURES - COMPLAINT

Student Complaint (Grievance)

A student or any member of the public may file a complaint about this institution with the Bureau for Private Postsecondary Education by calling (888) 370-7589 or by completing a complaint form, which can be obtained on the bureau's internet Website address: www.bppe.ca.gov.

"BPPE Address:

1747, Market Street Blvd. Ste 225 Sacramento, CA 95834,
P.O. Box 980818, West Sacramento, CA 95798-0818,
Telephone and Fax (888)-370-7589 or by fax (916)-263-1897
(916)-574-8900 or by fax (916)-263-1899."

Inquiries or complaints regarding this private vocational school may be made to the:

Workforce Board, 128 10th Ave. SW, Box 43105, Olympia, Washington 98504.

Web: wtb.wa.gov, phone: +1 (360) 709-4600, e-mail address: wtech@wtb.wa.gov.

If a student complaint or grievance should arise, they may contact Student Support, at +1 (510) 257-6640 x120 or at support@keralaayurveda.us to formally submit the complaint. If the student's complaint is not resolved after speaking to Student Support, they may contact the Director of Kerala Ayurveda Academy, Vaidya. Jayarajan Kodikannath at +1 (510) 257-6640 x120, director@keralaayurveda.us or at 691 S Milpitas Blvd Ste 206, Milpitas, CA 95035.

Student Complaint (Grievance) Procedure

Students have the right to submit grievances to resolve disputes concerning issues considered by a student policy. This process is important for ensuring fairness and accountability within educational institutions, as it gives students a mechanism to address concerns and seek resolution when they feel their rights or privileges have been adversely affected. By establishing clear procedures for handling grievances, schools can promote transparency and uphold standards of justice within their community. Here is a breakdown of the steps:

Step One: Attempt to Resolve the Grievance through an Informal Grievance Process

Informal Resolution: This step encourages students to address their concerns directly with the faculty, staff, or administrator involved. If this doesn't lead to a satisfactory resolution, they can escalate the issue to the lead or Student Support.

Step Two: Submit a Formal Grievance

Formal Grievance: If the informal process does not help to resolve the issue, the student can submit a formal grievance. This must be done in writing, within a specified timeframe mentioned below, and must outline the steps taken during the informal process, the alleged policy violation, the person(s) involved, and the requested resolution.

The formal grievance must:

- Be submitted in writing within thirty calendar days of the decision, action, or events giving rise to the grievance.
- Describe the steps taken to remedy the situation through the informal grievance process.
- State how the decision or action is unfair and harmful to the grievant and list the policy that has been violated, if known.
- Name the person(s) against whom the grievance is filed.
- State the requested resolution.

Step Three: Investigation and Resolution

Investigation and Resolution: The designated authority will investigate the grievance and communicate the outcome to the student within a specified timeframe. This step ensures transparency and accountability in resolving the grievance.

Final Appeal of Student Grievance

Final Appeal: If the student is not satisfied with the resolution provided, they have the option to file a final appeal within 14 days. During this period, any claims or disciplinary actions are placed on hold until the issue has reached resolution and is implemented. The designee will review the appeal and communicate the final decision within a specified timeframe; this decision is considered final. This process ensures a fair and timely resolution to the grievance.

TRANSFERRING OF CREDITS & CREDENTIALS

“NOTICE CONCERNING TRANSFERABILITY OF CREDITS AND CREDENTIALS EARNED AT KERALA AYURVEDA ACADEMY. The transferability of credits you earn at Kerala Ayurveda Academy is at the complete discretion of an institution to which you may seek to transfer. Acceptance of the certificate you earn for any KAA program is also at the complete discretion of the institution to which you may seek to transfer. If the certificate that you earn at this institution is not accepted at the institution to which you seek to transfer, you may be required to repeat some or all your coursework at that institution. For this reason, you should make certain that your attendance at this institution will meet your educational goals. This may include contacting an institution to which you seek to transfer after attending Kerala Ayurveda Academy to determine if your certificate will transfer.”

KAA has not entered into an articulation or transfer agreement with any other college or university. Transfer credit may be awarded for applicable coursework of comparable programs completed at other accredited or state approved/licensed institutions once verified by the Academy Manager and approved by the Director. Up to 70% of KAA’s credit hours (250) may be transferred. Courses will be considered for transfer credit if relevant to the certificate program and completed with a grade of B or higher, or the equivalent if another grading system was used. Prerequisite and corequisite courses must meet the criteria set forth by KAA. Application and official transcripts must be submitted for all transfer credit approval. There is no credit given for any challenge examinations and achievement tests.

EXPERIENTIAL CREDIT

There is no credit granted for experiential learning.



FAQ

Frequently Asked Questions

How much does the program cost?

- The tuition for the Panchakarma Technician Certification is \$3,950.00 for the General Public and \$3,850.00 for KAA Students & Alumni of our certification programs (*not including registration fee*). See Tuition & Fees for details.
- A college degree is not required, nor are prior licenses or certifications in any field for studying Panchakarma in this training program. KAA welcomes students from all educational backgrounds, without degrees, licenses or certifications in any field.

I'm not a healthcare professional. Can I still earn a certificate and practice Panchakarma?

- Yes.
- The primary prerequisite for the Panchakarma program is a passion for Ayurveda. A health or medical training background is not required. Students must also submit a high school diploma or equivalent prior to enrollment.
- The individual's scope of practice will be designated by local state guidelines. (See Scope of Practice for more details.)
- KAA welcomes students from all educational backgrounds, with degrees, licenses or certifications in any field.
- Ayurvedic studies are especially complimentary to Certified/Licensed Practitioners in health-related fields including Yoga, Yoga Therapy, Massage Therapy, Chiropractic, Nursing, Naturopathy and Allopathic Medicine, etc.

Is it legal to practice Ayurveda in all fifty states?

- A bill has been passed in eleven states (California, Nevada, Minnesota, Oklahoma, Idaho, Louisiana, Rhode Island, Arizona, Maine, Colorado, and New Mexico) allowing the residents of those states to approach the non-licensed healing practitioners with informed consent.

Does each state regulate the practice of Ayurveda?

- No.
- Ayurvedic practitioners are not licensed in the United States, and its practice is not regulated by state or federal agencies. Standards of competency are set by individual schools that have received state approval. Ayurvedic practitioners in the United States are advised on how to practice legally within a limited scope of practice so they are not viewed as practicing medicine without a license.
- We might say that Ayurveda's status in the U.S. is analogous to the Chinese medical profession during its early years in the 1970s. While each state does not regulate the practice of Ayurvedic medicine itself, some aspects of Ayurvedic practice may fall within the scope of professions that are regulated. Students and graduates of the academy should be careful not to allow their practice to overlap one of those regulated professions unless they are licensed in that particular profession. Please contact your local state representative for more information about regulations in your area.

Can I practice Ayurveda outside of the state where I receive my certification?

- Yes. Please note:
 - ◆ Ayurveda is currently practiced all over the United States.
 - ◆ While none of the U.S. states currently have Ayurvedic practitioners or physicians as primary care physicians, many of these well-trained professionals utilize their education and skills in combination with other health care related credentials.
 - ◆ Yoga Instructors, Massage Therapists, Registered Nurses, Nutritionists/Dietitians, Acupuncturists, Chiropractors, Medical Doctors and other health care professionals are recognizing and utilizing the benefits of educational training in Ayurveda.
 - ◆ NAMA (National Ayurvedic Medical Association) and AAC (Ayurvedic Accreditation Commission) are currently working on developing educational standards, scope of practice, and related materials to support future licensing initiatives throughout the US.
- Many Academy graduates use their Ayurvedic education to enhance pre-existing professional careers.

Do I need a "license to touch" to practice Panchakarma, and what exactly is it?

- Possibly, depending on your location and how you wish to practice. A license to touch refers to regulations for professions which involve physical contact with clients. These regulations are governed by each individual state in the U.S. Panchakarma involves a variety of bodywork therapies, some of which involve physical contact and some which do not. It is important for the student to check in with local state guidelines to understand

which aspects of Panchakarma are compliant and which are not, and either adjust one's practice accordingly, or pursue the required licensure.

Is there an alumni association? Can I contact previous students?

- Yes, we can provide you with the contact information of several students for you to talk to.

Are there tests? I feel anxious about taking tests.

- Please try not to feel anxious about the tests. The testing is conducted online, and the student is provided three (3) attempts at taking the test. This highest score is recorded. Please note you cannot retake the test after passing. The tests are for you (and us) to know what you have learned and what you didn't so we can keep you up to speed. We want to make sure our students understand all the Ayurvedic concepts clearly. Ayurveda is about human health, so clear understanding is vital.

I will be traveling from out of town to attend classes, is there housing assistance available?

- KAA does not have dormitories.
- There are a few hotels near the campuses where students can book a room for the weekend. The range of cost is approx. \$75-\$125. In the past, some students have made good friends with classmates and stayed with them on those weekends.
- KAA has no responsibility to assist a student in finding housing.

What should I do for meals during class times?

For students attending on-site, complementary water and tea is available. Classes are scheduled between 8:00am-6:00pm US Pacific Time. A 1.5-hour lunch break is provided. A breakroom is available in the building with a refrigerator, sink and microwave. KAA can provide recommendations for local restaurants.

What student services provide?

- Student mentoring is provided for the program. On occasion, KAA posts job openings as they become available on group emails to students and alumni. KAA will do its best to help graduates to get into practice or a related career but there are no specific student services for career planning or job placement.

What Placement Services do you have?

- On occasion, KAA posts job openings as they become available on group emails to students and alumni. KAA will do its best to help graduates to get into practice or a related career but there are no specific student services for career planning or job placement.

What materials do I need to bring to class and what should I expect in the classroom?

- Please bring a notebook and pen. KAA provides all classroom facilities including any equipment used for panchakarma demonstrations and herbology preparation. Equipment used for these classes includes computers, monitors, video projectors, microphones, cameras, massage tables, linens, hotplates, towel warmers, vessels and utensils for cooking, shirodhara stand and vessels, and all perishable and nonperishable provisions used. Classes are taught in traditional, clean, well-lit classroom settings with tables and chairs for your comfort. The kitchen and restrooms are near the classroom.

When can I visit the school? Do you have open houses or visitor events?

We allow our prospective students to sit in with the current class, so that they get a feel for the classroom setting and the topic. With a prior appointment, students are welcome to visit the academy and talk to the Academy Administrator. We are here to assist our students in any way we can.

What is The US Department of Labor's Standard Occupational Classification Code for the Panchakarma Technician?

The code is 31-9099 Healthcare Support Workers, All Other

Is this program accredited with the Department of Education?

Kerala Ayurveda Academy is in candidacy for accreditation for the AHC, AP and Level 3 programs with the Ayurvedic Accreditation Commission (AAC) which is approved by the Department of Education. The Panchakarma Technician program is not part of this candidacy.

What else does the CA Licensing Board want me to know?

"As a prospective student, you are encouraged to review this catalog prior to signing an enrollment agreement. You are also encouraged to review the School Performance Fact Sheet*, which must be provided to you prior to signing an enrollment agreement."

Do you offer further Ayurvedic Studies?

We also offer Holistic Ayurvedic Coach, Ayurvedic Health Counselor, Ayurvedic Practitioner and Level III Ayurvedic Clinical Specialist (formerly known as AD) training.

For continued education, we offer several short programs and workshops in Ayurvedic assessment, formulations, marma and more. You can learn more on our website:

[keralaayurveda.us/courses/programs/continuing education/](http://keralaayurveda.us/courses/programs/continuing%20education/)

Where is your administrative office?

Kerala Ayurveda Academy & Wellness Center,
691 S Milpitas Blvd Ste 206 Milpitas, CA 95035.

Contact Student Support at: +1 (510) 257-6640 x120 or support@keralaayurveda.us.

How do I seek support from the Office of Student Assistance and Relief to the office?

In case a student has any complaint, they may contact Student Support at +1 (510) 257-6640 x120 or at support@keralaayurveda.us.

Any questions: "The Office of Student Assistance and Relief is available to support prospective students, current students, or past students of private postsecondary educational institutions in making informed decisions, understanding their rights, and navigating available services and relief options. The office may be reached by calling (888) 370-7589 or by visiting www.bppe.ca.gov."

If I have additional questions or concerns, who do I contact?

In case a student has any complaint, they may contact Student Support at +1 (510) 257-6640 x120 or at support@keralaayurveda.us.

“Any questions a student, from the State of CA, may have regarding this catalog that have not been satisfactorily answered by the institution may be directed to the Bureau for Private Postsecondary Education at

BPPE address:

1747 N. Market Blvd. Ste 225 Sacramento, CA 95834,

PO Box 980818, West Sacramento, CA 95798-0818,

website address: www.bppe.ca.gov.


Phone: (916) 574-8900 or (888) 370-7589.

Inquiries or complaints regarding this private vocational school may be made to the: Workforce Board, 128 10th Ave. SW, Box 43105, Olympia, Washington 98504.

Web: wtb.wa.gov, phone: +1 (360) 709-4600, e-mail address: wtecb@wtb.wa.gov.

Who owns Kerala Ayurveda Academy?

Kerala Ayurveda Academy is run by Ayurvedic Academy Inc., a wholly owned subsidiary of Kerala Ayurveda Limited, Athani, Aluva Post, Kerala, India 683585. Kerala Ayurveda Limited is a pioneer in Ayurveda and operates herbal plantations, Wellness Centers, manufacturing facilities, Ayurvedic academies, and the Ayurvedic resort AyurvedaGram. Kerala Ayurveda Academy's Board of Directors includes Ramesh Vangal and Vaidya Jayarajan Kodikannath.



*Akasasya yadha nantah surairapyavagamyate
Tasmat arogya danasya nanto vai vidyate kwacit*



The end of our ever-expanding space is unknown even to the divine
Just as the worth of gifting health and healing is limitless for humankind

Kerala Ayurveda Academy

www.keralaayurveda.us • +1 (510) 257-6640