

Advanced Ayurvedic Practitioner

(formerly Ayurvedic Doctor)

Certification Program Schedule 2026-2029

Live Streamed/Hybrid Program

U.S. In Person Location

Kerala Ayurveda Academy & Wellness Center 691 S Milpitas Blvd Ste 206 Milpitas, CA 95035

MASTER TRACK

Live Streamed Orientation

Wednesday, Apr 29, 2026 from 5:00 - 8:00 pm Pacific - Recorded

Three-Day Weekend Intensives

Class is held Friday, Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in-class or tune in via live streaming, and all classes are recorded for later viewing.

A 1.5-hour lunch break begins at 12:30 pm each day.

There are 24 weekend intensives in total; 10 of them can be held live or live streaming, while the remaining 14 are live streamed only.

KAA	Preventative Health Management (Swasthavritta)	In Person &	May 15-17,
301		Live Stream	2026
KAA	Ayurvedic Etiopathogenesis Part I (Roga Vijnana & Vikriti	Live Stream	June 12-14,
302	Vijnana)	Only	2026
KAA	Ayurvedic Etiopathogenesis Part II (Roga Vijnana & Vikriti	In Person &	July 24-26,
303	Vijnana)	Live Stream	2026
KAA	Ayurvedic Materia Medica Part I (Dravyaguna Sastra)	Live Stream	Aug 28-30,
304		Only	2026
KAA	Ayurvedic Pharmaceutics (Bhaishajya Kalpana)	In Person &	Nov 13-15,
305		Live Stream	2026
KAA	Ayurvedic Purification - Clinical Application (Panchakarma in Chikitsa)	Live Stream	Jan 15-17,
306		Only	2027

KAA	Ayurvedic Materia Medica Part 2 (Dravyaguna Sastra)	Live Stream	Feb 26-28,
307		Only	2027
KAA	Ayurvedic Clinical Management of Pranavaha and Udakavaha	In Person &	April 9-11,
308	Srotases	Live Stream	2027
KAA	Ayurvedic Clinical Management Annavaha and Rasavaha	Live Stream	May 21-23,
309	Srotases	Only	2027
KAA	Ayurvedic Clinical Management of Raktavaha Srotas	In Person &	June 18-20,
310		Live Stream	2027
KAA	Ayurvedic Clinical Management of Mamsavaha and Medovaha	Live Stream	Aug 13-15,
311	Srotases	Only	2027
KAA	Ayurvedic Clinical Management of Asthivaha and Majjavaha	In Person &	Oct 8-10,
312	Srotas	Live Stream	2027
KAA	Ayurvedic Clinical Management of Mutravaha, Pureeshavaha and	Live Stream	Nov 19-21,
313	Swedavaha Srotases	Only	2027
KAA	Ayurvedic Clinical Management of Manovaha Srotas Mental	Live Stream	Jan 14-16,
314	Disorders	Only	2028
KAA	Yoga in Clinical Application Part I (Yoga Chikitsa)	In Person &	Feb 25-27,
315		Live Stream	2028
KAA	Shalyatantra: Ayurvedic Management of Injuries, Kshara Karma,	Live Stream	April 7-9,
316	Agnikarma and Marma Chikitsa	Only	2028
KAA	Shalakyatantra: Ayurvedic Management of Eye, Ear, Nose, Throat and Oral Disease	In Person &	May 12-14,
317		Live Stream	2028
KAA	Streeroga: Ayurvedic Management of Artavavaha Srotas and	Live Stream	June 23-25,
318	Stanyavaha Srotas	Only	2028
KAA	Prasooti Tantra: Ayurvedic Management of Pregnancy and Childbirth	Live Stream	Aug 18-20,
319		Only	2028
KAA	Kaumarabhritya: Ayurvedic Management of Pediatric Health	Live Stream	Oct 13-15,
320		Only	2028
KAA	Ayurvedic Management of Immunological and Environmental Diseases	In Person &	Nov 17-19,
321		Live Stream	2028
KAA	Rasayana & Vajikarana: Ayurvedic Approach to Rejuvenation and Regeneration	Live Stream	Dec 15-17,
322		Only	2028
KAA	Yoga in Clinical Application Part II (Yoga Chikitsa)	In Person &	Jan 19-21,
323		Live Stream	2029
KAA	Ayurvedic Toxicology, Medical Ethics and Medico Legal	Live Stream	Mar 2-4,
324	Regulations	Only	2029

Panchakarma Practicum Sessions

Class is held 4 days from 8:00am-6:00pm Pacific and the 5th day from 8:00am-4:00pm Pacific. Students must attend in-person in order to meet the program requirements.

A 1.5-hour lunch break begins at 12:30 pm each day.

KAA 325	AAP Panchakarma Practicum 1: Prep and Purvakarma	Jan 17-21, 2028
KAA 326	AAP Panchakarma Practicum 2: Main Panchakarma Techniques and Specialty Therapies	May 15-19, 2028

Saturday Virtual Class Sessions

Class is live streamed (only) for all students Saturdays from 7:00am-10:00am Pacific.

1 July 11, 2026	6 May 1, 2027	11 Mar 11, 2028
2 Sept 12, 2026	7 Jul 24, 2027	12 Jun 10, 2028
3 Oct 3, 2026	8 Sep 18, 2027	13 Sep 16, 2028
4 Dec 19, 2026	9 Dec 18, 2027	14 Dec 2, 2028
5 Feb 6, 2027	10 Feb 5, 2028	15 Feb 3, 2029

ALLIED TRACK CLASSES

Ayurvedic Formulation Making

Class is held Friday, Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in-person or live streaming, and all classes are recorded for later viewing.

A 1.5-hour lunch break begins at 12:30 pm each day.

Students will attend one of the following dates:

March, 27-29, 2026 8am-6pm Pacific

March, 19-21, 2027 8am-6pm Pacific

March 24-26, 2028 8am-6pm Pacific

March 23-25, 2029 8am-6pm Pacific

Ayurvedic Assessment and Pulse Diagnosis

Class is held Friday, Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in-person or live streaming, and all classes are recorded for later viewing.

A 1.5-hour lunch break begins at 12:30 pm each day.

Students will attend one of the following dates:

October 9-11, 2026 8am-6pm Pacific

October 1-3, 2027 8am-6pm Pacific

October 6-8, 2028 8am-6pm Pacific

October 5-7, 2029 8am-6pm Pacific

Ashtanga Hridayam

Weekday Evening Series (Wednesdays) 5 live segments - 15 sessions per segment

Classes are held weekly 6:00-7:30 pm U.S. Pacific Time, conducted as live streamed sessions. The access link and class recording is made available in the elearning system. Previous segment recordings for Parts 7-22 must be purchased and will be available in elearning.

Segment 1 (Series Part 23): Sep 2 - Dec 16, 2026 (skip 11/25)

Segment 2 (Series Part 24): Feb 10 - May 19, 2027

Segment 3 (Series Part 25): Sep 1 - Dec 15, 2027 (skip 11/24)

Segment 4 (Series Part 26): Feb 16 - May 24, 2028

Segment 5 (Series Part 27): Sep 6 - Dec 20, 2028 (skip 11/22)

Clinical Case Discussions

Monthly Sessions - 36 sessions required

Class is live streamed for all students monthly on Tuesdays from $5:00-6:30\,\mathrm{pm}$ U.S. Pacific Time.

2026	2027	2028	2029
May 19 Jun 23 Jul 21 Aug 18 Sep 15 Oct 20 Nov 17 Dec 15	Jan 19 Feb 16 Mar 16 Apr 20 May 18 Jun 22 Jul 20 Aug 24 Sep 21 Oct 26 Nov 16 Dec 14	Jan 25 Feb 22 Mar 21 Apr 18 May 23 Jun 20 Jul 18 Aug 22 Sep 19 Oct 24 Nov 21 Dec 19	Jan 23 Feb 20 Mar 20 Apr 24

AAP Mentoring Sessions

36 mentoring sessions are live streamed on Mondays 5:30-6:30pm Pacific.

2026	2027	2028	2029
June 1 July 6 Aug 3 Sep 14 Oct 19 Nov 9 Dec 14	Jan 11 Feb 8 Mar 8 Apr 5 May 10 June 7 July 12 Aug 16 Sep 20 Oct 18 Nov 15 Dec 20	Jan 10 Feb 14 Mar 13 Apr 10 May 8 June 12 July 10 Aug 14 Sep 11 Oct 16 Nov 13 Dec 11	Jan 8 Feb 12 Mar 12 Apr 9 May 7

ON DEMAND RECORDINGS

On Demand Recordings are available on demand and can be viewed at the student's pace. Please note: these recordings are not included in tuition as many students have already taken the live sessions or purchased these recordings.

Ashtanga Hridayam

16 recorded segments - 22.5 hours per segment (Parts 7-22)

Vedic Formulations

4 recorded segments - 24 hours per segment (parts 2-5)

Sanskrit for Ayurveda

30 hours

IN PERSON EXPERIENTIAL PROGRAMS

All Internships, Residencies and Specialties will be scheduled during the course of the AAP Program through Student Support Services.

Clinical Internship - 500 hours

Clinical Internship can be taken after the student has completed KAA 306.

U.S. Internship

Offered in 45-hour, 5-day segments. Each day is 8am-6pm Pacific (1-hour lunch break).

July 13-17, 2026

Nov 2-6, 2026

Mar 22-26, 2027

June 21-25, 2027

Oct 11-15, 2027

Feb 28-Mar 3, 2028

June 5-9, 2028

Sep 25-29, 2028

Jan 22-26, 2029

Mar 5-9, 2029

Additional dates will be added in the future

India Internship

Offered in 150-hour, 15-day segments (10-hour days)

Dates for 2027 will be announced soon

Independent India Internship

Offered in variable increments according to student needs, 8-hour days Students will work with Student Support Services to reserve their independent internship.

Residency - 100 hours

Variable schedule depending on student needs, scheduled after 1.5 years of the program start date. In-person only.

Speciality Internship - 100 hours

Independent, scheduled by students after the 12th month of the program. In-person only.

Externship - 50 hours

Independent, scheduled by students after the 12th month of the program. In-person only.