

## SCHEDULE

### Certification Program Spring 2026-27

April 7, 2026 - April 6, 2027 | Milpitas, CA and Online

#### In Person Location

Kerala Ayurveda Academy & Wellness Center  
691 S Milpitas Blvd Ste 206 Milpitas, CA 95035

#### Live Streamed Orientation

Tuesday, April 7, 2026 from 5:30-7:00 pm Pacific - Recorded

#### Weekend Intensives

Class is held Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in person or via live streaming, and all classes are recorded for later viewing. A 1.5 -hour lunch break begins at 12:30 pm each day.

Module	Subject	Dates
KAA 101	Essence of Ayurveda ( <i>Tarka Sankhya and Sharir</i> )	Apr 18-19, 2026
KAA 102	Ayurvedic Physiology ( <i>Dosha Dhatu Mala Vigyan</i> )	May 16-17, 2026
KAA 103	Ayurvedic Psychology ( <i>Manasa Shastra</i> )	June 20-21, 2026
KAA 104	Ayurvedic Nutrition & Cooking ( <i>Ahara Vigyan</i> )	July 25-26, 2026
KAA 105	Ayurvedic Preventive Science ( <i>Swastha Vritta</i> )	Aug 22-23, 2026
KAA 106	Ayurveda and Yoga ( <i>Yoga Vigyan</i> )	Sep 19-20, 2026
KAA 107	Ayurvedic Herbology ( <i>Dravya Guna Karma Sastra</i> )	Oct 17-18, 2026
KAA 108	Introduction to Ayurvedic Bodywork ( <i>Panchakarma</i> )	Nov 14-15, 2026
KAA 109	Assessment of Dosha Imbalances ( <i>Roga Nidan</i> )	Dec 12-13, 2026
KAA 110	Management of Dosha Imbalances ( <i>Kayachikitsa</i> )	Jan 16-17, 2027
KAA 111	Clinical Management and Review	Feb 20-21, 2027

## Tuesday Virtual Classes *live streamed and recorded for later viewing*

	Date	Topic
1	Apr 28, 2026	What Does it Mean to Be an Ayurvedic Student?
2	May 5, 2026	Vedic Sciences and their Interconnection
3	May 19, 2026	Doshas: Functional Intelligences within the Body
4	May 26, 2026	Body Constitution: It is Not simply Structural
5	June 9, 2026	Differentiation of Body Constitution from Expressions of Imbalances
6	July 14, 2026	Mental Constitution and its Transformable Nature
7	July 28, 2026	Ayurvedic Concept of Tissue Nutrition
8	Aug 11, 2026	The Mind/Gut Connection
9	Aug 18, 2026	Relationship between Ama and Agni
10	Sep 1, 2026	Incorporating Dinacharya and Ritucharya in Modern Life
11	Sep 8, 2026	Pranayama Basics: Practice and Instruction
12	Sep 15, 2026	Live Case 1: Emphasis on Coaching
13	Oct 20, 2026	Influence of Devotional and Spiritual Practices on the Dosas and Gunas
14	Oct 27, 2026	Live Case 2: Emphasis on yoga
15	Nov 3, 2026	The Difference between Fresh and Dried Herbs
16	Nov 10, 2026	Live Case 3: Emphasis on Herbs
17	Nov 17, 2026	Live Case 4: Emphasis on Suggesting Bodywork
18	Dec 8, 2026	Rasayana: The Science of Rejuvenation
19	Dec 15, 2026	The Role of the Counselor in Managing the Preventative Phases of Samprapti
20	Jan 5, 2027	Live Case 5: Emphasis on Tips for Online Consulting
21	Jan 12, 2027	Live Case 6: Emphasis on Ama
22	Jan 19, 2027	Ayurvedic Assessment and Management of Ama
23	Feb 2, 2027	Live Case 7: Emphasis on Lifestyle impacting Digestion & Elimination
24	Feb 9, 2027	Live Case 8: Complete Protocol
25	Feb 16, 2027	Live Case 9: Complete Protocol
26	Mar 2, 2027	Live Case 10: Complete Protocol
27	Mar 23, 2027	Live Case 11: Complete Protocol
28	Mar 30, 2027	Live Case 12: Complete Protocol

## Mentoring Sessions: *live streamed and recorded for later viewing*

	Date	Time (PT)	Curriculum Covered
1	Apr 27, 2026	5:30-7:00 pm	KAA 101 & HAC Assignments Review
2	June 1, 2026	5:30-7:00 pm	KAA 102
3	July 13, 2026	5:30-7:00 pm	KAA 103
4	Aug 3, 2026	5:30-7:00 pm	KAA 104
5	Aug 31, 2026	5:30-7:00 pm	KAA 105
6	Oct 5, 2026	5:30-7:00 pm	KAA 106 & AHC Assignment Review
7	Oct 26, 2026	5:30-7:00 pm	KAA 107
8	Nov 23, 2026	5:30-7:00 pm	KAA 108
9	Dec 21, 2026	5:30-7:00 pm	KAA 109
10	Jan 25, 2027	5:30-7:00 pm	KAA 110
11	Feb 8, 2027	5:30-7:00 pm	KAA 111 & Chikitsa Review

## Monday Virtual Classes *live streamed and recorded for later viewing*

	Date	Time (PT)	Curriculum Covered
1	Nov 2, 2026	5:30-7:30 pm	Accounting - The Foundation of Business
2	Nov 30, 2026	5:30-7:30 pm	Marketing Your Business
3	Jan 11, 2027	5:30-7:30 pm	Digital Marketing
4	Feb 1, 2027	5:30-7:30 pm	Ethics in Ayurveda
5	Mar 1, 2027	5:30-7:30 pm	Best Business Practices
6	Mar 15, 2027	5:30-7:30 pm	Business Brainstorm

## 1-Day Clinical Practicum

September 21, 2026, 8:00am-6:00pm Pacific. This class will be held in person and also live streamed.

## AHC Practical

The AHC Practical (Feb 20-24, 2027) is a 5 day practical session which includes the Weekend Module KAA 111 (Feb 20-21, 2027). In Person attendance **is required** for the entire 5 days. In this practical session you will spend time with clients and review cases and protocols, as well as participating in herbology, cooking and ayurvedic bodywork practical sessions.

## Test & Completion Schedule

Monthly Test	Testing is available on the elearning system after each weekend intensive
Completion	After all requirements are fulfilled (see Graduation Requirements in catalog)
Completion Celebration	Tuesday, April 6, 2027 Live streamed from 5:30-6:30 pm Pacific