

## SCHEDULE

### Certification Program Spring 2026

April 20, 2026 - October 7, 2027 | Milpitas, CA and Online

#### In Person Location

Kerala Ayurveda Academy & Wellness Center  
691 S Milpitas Blvd Ste 206  
Milpitas, CA 95035

#### Live Streamed Orientation

Monday, April 20, 2026 from 5:30-6:30 pm Pacific - Recorded

#### Weekend Intensives

Class is held on Saturday and Sunday from 8:00am-6:00pm Pacific. Students may attend in person or via live streaming, and all classes are recorded for later viewing. A 1.5-hour lunch break begins at 12:30 pm each day.

Module	Subject	Dates
KAA 201	Advanced Physiology ( <i>Dosha Dhatu Mala Vigyan</i> )	May 2 & 3, 2026
KAA 202	Pathophysiology & Diagnostics ( <i>Nidan &amp; Rogi Pariksha</i> )	June 13 & 14, 2026
KAA 203	Advanced Herbology & Pharmaceutics ( <i>Dravya Guna &amp; Bhaishajya Kalpana</i> )	July 18 & 19, 2026
KAA 204	Advanced Bodywork & Detoxification ( <i>Panchakarma &amp; Rasayana</i> )	Aug 8 & 9, 2026
KAA 205	Kayachikitsa I: Management of Digestive System & Metabolic Disorders	Sep 12 & 13, 2026
KAA 206	Kayachikitsa II: Management of Nervous & Musculoskeletal System Disorders	Oct 17 & 18, 2026
KAA 207	Kayachikitsa III: Management of Respiratory System & Cardiovascular Disorders	Nov 21 & 22, 2026
KAA 208	Kayachikitsa IV: Management of Skin, Special Senses & Excretory System	Dec 19 & 20, 2026
KAA 209	Kayachikitsa V: Management of Male and Female Reproductive System Disorders & Pediatrics	Jan 23 & 24, 2027
KAA 210	Kayachikitsa VI: Management of Mental Health Imbalances	Feb 27 & 28, 2027

## Weekly Virtual Classroom Sessions

Class is live streamed for all students Thursdays from 5:30-7:30pm Pacific.

	Date	Topic
1	May 21, 2026	Doṣa Duṣya - The Signs of Doṣa Aggravation in Particular Dhatus
2	June 4, 2026	Srotas Based Clinical Interventions
3	June 11, 2026	Pranayama in Clinical Management
4	July 2, 2026	Diversity, Equity and Inclusion in Ayurvedic Casework
5	July 9, 2026	Herbs and Formulations Suitable for Each Srotas
6	July 30, 2026	Common Bedside Assessments (Western)
7	Aug 6, 2026	Live Case: Clinical Management- Fundamentals
8	Aug 13, 2026	Clinical Management of Obesity & Prediabetes Condition
9	Sept 3, 2026	Identification of Virechana Dravyas Based on Srotases Involved
10	Sept 17, 2026	Live Clinical Case: Samprapti + Case Paper
11	Oct 1, 2026	Selection and Administration of Grithams for Snehapana
12	Oct 15, 2026	Creating a Panchakarma Protocol with Traditional Oils
13	Oct 22, 2026	Pain Management in Ayurveda through Yoga Practice
14	Nov 19, 2026	Management of Seasonal Allergies
15	Dec 10, 2026	Autoimmune Arthritis
16	Dec 17, 2026	Ayurvedic Protocol for Diabetic Retinopathy
17	Jan 21, 2027	Differential Assessment and Management of Sopha (Swelling)
18	Feb 11, 2027	Clinical Assessment of Senile Mental Health Problems
19	Feb 18, 2027	Concepts and Clinical Approach of Endometriosis
20	Feb 25, 2027	Care of Diseases during Pregnancy & Post Partum
21	Mar 18, 2027	Ayurvedic Management of UTI
22	Apr 1, 2027	Clinical Management of Ama
23	Apr 8, 2027	Stress Management: An Ayurvedic Perspective
24	Apr 22, 2027	Ayurvedic Management of Hyperthyroidism and Hypothyroidism
25	Apr 29, 2027	Live Clinical Case
26	May 20, 2027	Ayurvedic Protocol for Constipation

27	May 27, 2027	Live Clinical Case
28	June 3, 2027	Clinical Management of Neurodegenerative Diseases
29	June 10, 2027	Live Clinical Case
30	June 17, 2027	Erectile Dysfunction
31	June 24, 2027	First Aid in Ayurveda

## Clinical Case Discussions

Class is live streamed for all students Tuesdays from 5:00-6:30pm Pacific on the following dates:

Date			
1	May 19, 2026	6	Oct 20, 2026
2	Jun 23, 2026	7	Nov 17, 2026
3	Jul 21, 2026	8	Dec 15, 2026
4	Aug 18, 2026	9	Jan 19, 2027
5	Sep 15, 2026	10	Feb 16, 2027

## Mentoring Webinars

Live streamed for all students Thursdays from 5:30-7:00 pm Pacific.

Date	Topics Covered
1 May 7, 2026	Assignments overview
2 Sept 10, 2026	How to read and prepare documentation for a successful Ayurvedic consultation
3 Nov 12, 2026	Case study
4 Mar 25, 2027	Case study
5 July 8, 2027	Case study

## Monthly Review Sessions

The faculty will conduct a review session with the students Thursdays from 5:30pm-7:30pm Pacific approximately 2 weeks after the weekend class.

	Date	Topic
1	May 14, 2026	KAA 201
2	June 25, 2026	KAA 202
3	July 23, 2026	KAA 203
4	Aug 20, 2026	KAA 204
5	Sept 24, 2026	KAA 205
6	Oct 29, 2026	KAA 206
7	Dec 3, 2026	KAA 207
8	Jan 7, 2027	KAA 208
9	Feb 4, 2027	KAA 209
10	Mar 4, 2027	KAA 210

## Online Clinical Internship: (45 Hours Required for all Students)

**Choose one from the following:**

March 8-12, 2027

May 10-14, 2027

## Clinical Internship: (135 hours minimum needed)

Choose three US internships or one India Internship

### U.S. Clinical Internship – On-Site in Milpitas, CA

U.S. Clinical Internships are offered in week-long, 5-day segments Monday through Friday, from 8:00am-6:00pm U.S. Pacific Time. Each internship is 45 hours.

**January 25-29, 2027** - recommended registration deadline: Oct 1

**April 12-16, 2027** - recommended registration deadline: Feb 1

**September 13-17, 2027** - recommended registration deadline: July 1

*More dates will be added as required.*

# Ayurvedic Practitioner



## India Internship – On-Site in Cochin, Kerala

India Internships are offered on-site in Cochin, Kerala in 15-day sessions. There is limited space available, sign up early!

*Internship Dates will be announced in early 2026*

## Test & Completion Schedule

Monthly Test	Testing is available on the elearning system after each Weekend Intensive
Completion	After all requirements are fulfilled (see Graduation Requirements in catalog)
Completion Celebration	October 7, 2027