



KERALA
ayurveda[®]
wellness, naturally



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*Om namo bhagavate vasudevaya dhanvantaraye
Amrutakalasha hastaya sarvamaya vinashanaya
Trailokyanathaya shri mahavishnave namah | |*

I bow down and pray to the Lord Dhanvantari who is the incarnation
of Lord Vishnu and called as Sudarshana Vasudev Dhanvantari.
You hold in your hands, the Kalasha filled with the nectar of immortality.
Oh Lord, you can remove all fears and diseases.
You protect all the three worlds and you are the well wisher of all created beings.
You are the Lord of Ayurveda and the manifestation of Lord Vishnu.
You are the ultimate healer of all the living beings. We worship you and pray you.

About Kerala Ayurveda USA

Kerala Ayurveda USA is part of **Kerala Ayurveda Ltd**, a full-spectrum Ayurvedic company with a 70-year operating record spanning academies, products, research, clinics, hospitals and resorts. What began as an apothecary on the banks of the Periyar River has expanded to an extensive practitioner line of highly efficient and safe remedies. Kerala Ayurveda USA opened its doors in 2006 and today offers traditional Ayurvedic education, wellness services and products to a global network of practitioners and health seekers.

Kerala Ayurveda's high quality product line channels the authentic, ancient tradition of herbal preparation and formulation making. Our excellence in delivering quality products and wellness has earned us the prestigious ASSOCHAM awards for Kerala Ayurveda Ltd. as "Herbal Company of the Year 2016," and "Make In India Emerging Entrepreneur Award 2017" under Pharmaceuticals & Biotechnology.

We offer over 350 classical and proprietary formulations and are proud to be a seed-to-shelf company. Our herbal gardens maintain 1,200 species of herbs, including rare and endangered species. Working with local farmers, our formulation making process begins in the soil and ends at our manufacturing unit, where our research and development wing works in tandem to maintain the efficacy of our final product.

Our portfolio of proprietary Ayurvedic formulations has undergone the rigors of modern research, testing validation and clinical study, offering practitioners and health seekers the most up-to-date Ayurvedic blends powered by tradition and modern science.

It is our mission to offer the highest quality, authentic Ayurveda. We are thrilled to introduce our premier line of products to the U.S.!

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AMALAKI

Healthy Aging*

Amalaki, also known as amla fruit, is one of the most revered vayasthapana (anti-aging) and rasayana herbs. Rasayana is a Sanskrit term referring to rejuvenation, supporting youthful tone and function. Amalaki, a potent antioxidant, supports digestion, liver function, cardiovascular efficiency and eye health.*

Net Qty : 60 capsules

ASHWAGANDHA

Vitality & Stress Support*

In the Indian healing system of Ayurveda, Ashwagandha is considered a rasayana, meaning rejuvenative. Research on Ashwagandha and the withanolide compounds it contains indicate potent adaptogenic benefits, supporting management of stress, enhanced performance, and a sense of well-being.*

Net Qty : 60 capsules



BRAHMI

Supports Memory & Intellect*

Bacopa monnieri, known as Brahmi in Sanskrit, means bestower of supreme knowledge. In Ayurveda, Brahmi is considered a medhyarasyana, supporting healthy neurological function, memory, and intellect. Studies on Brahmi have focused on compounds called bacosides.*

Net Qty : 60 capsules



BRAHMI PEARLS

Healthy Brain and Memory*

Brahmi Pearls helps maintain normal cognitive health and mental ability, intellect (Dhi), confidence (Dhriti) and memory (Smriti), in turn supporting normal, restful sleep that calms and refreshes the mind.*

Net Qty : 60 capsules



DASHAMULA (Ten Roots Traditional Formula)

Supports Vital Energy Flow*

Dashamula is a classical Ayurvedic formulation containing the roots of 10 herbs, considered beneficial for the lungs, nervous system, and gastrointestinal tract, supporting healthy digestion, elimination and energy flow.*

Net Qty : 60 capsules



DIETARY SUPPLEMENTS



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GUDUCHI

Healthy Hormones & Digestion*

In Ayurveda, Guduchi is considered a potent rasayana, meaning rejuvenative, having broad vitalizing effects on both body and mind. Historic use and modern evidence demonstrates regular intake of Guduchi supports a balanced digestive system and healthy hormone function.*

Net Qty : 60 capsules



HRIDYA (Cardiac Balance)

Supports Healthy Blood & Circulation*

Hridya supports efficient transport of nutrients to tissues, clearance of metabolic waste products, and healthy production of blood and its components.*

Net Qty : 60 capsules



I-CLEAR 10

Supports Eye Health*

This unique proprietary formulation contains patented **XanMax**[®], a combination of lutein and zeaxanthin extracted from marigold flowers. Lutein and Zeaxanthin, antioxidants critical to healthy eye function, are found in high concentrations in the macula of the eye.*

(XanMax[®] is a registered trademark of Katra Phytochem (I.) Pvt. Ltd. Registered Patent No. US7622599)

Net Qty : 60 tablets



INDUKANTHA GRITHAM

Supports Vitality and Immunity*

A classical Ayurvedic herbal ghee from the Vedic text Ashtanga Hridayam. This preparation has historically been used to support vitality, maintain healthy immune function and balanced digestion.*

Net Qty : 60 capsules



KSHEERABALA 101 AVARTI

Supports Healthy Nerves & Muscles*

A classical Ayurvedic formulation from the Vedic text Ashtanga Hridayam, historically been used to support balanced normal function of the nervous system, brain, muscles and joints.*



Net Qty : 60 capsules

OJAS (Immune Balance)

Immune Support & Seasonal Relief*

Ojas is a novel blend of extracts based on two classical Ayurvedic formulations Dashamula and Panchakola, plus Haritaki and Guduchi. This formulation supports healthy immune modulation, resilience under seasonal and lifestyle stress, and efficient metabolism and digestion.*



Net Qty : 60 capsules

PROMACTIL

Balanced Reproductive Health*

Promactil is a proprietary Ayurvedic formulation with selected vaajeekarana and rasayana herbs, such as Ashwagandha (*Withania somnifera*), Indian tinospora (*Tinospora cordifolia*), Grapeseed (*Vitis vinifera*), and Velvet beans (*Mucuna prurita*). These herbs are known to help maintain the nourishment of the body's reproductive tissues, support ojas, immunity and balance overall health.*



Net Qty : 60 capsules

RASAYANA (Healthy Aging)

Vitality & Stamina*

Rasayana, a Sanskrit term meaning rejuvenative, is a category of Ayurvedic substances revered for their ability to preserve vitality, support healthy aging, and increase resilience under stress.*



Net Qty : 60 capsules

RG FORTE

Supports Joint Health*

RG Forte is derived from the classic Ayurvedic formulation Rasnadiguggulu, traditionally used to support healthy joint function and mobility.*

Net Qty : 60 tablets



SUMEHI (Sugar Balance)

Supports Healthy Blood Sugar*

Sumehi contains extracts of turmeric, Amla fruit, Guduchi, fenugreek, and java plum which help support healthy carbohydrate metabolism, blood sugar levels, and proper transport of nutrients to tissues.*

Net Qty : 60 capsules



TRIPHALA

Healthy Digestion & Elimination*

Triphala, a Sanskrit word meaning three fruits, is a formulation consisting of Amalaki, Haritaki, and Bibhitaki, in equal portions and is an Ayurvedic rasayana, which means rejuvenative in Sanskrit. Rich in tannins, triphala extract supports healthy digestion, elimination, eye health, and tissue integrity.*

Net Qty : 60



BRAHMI GHRITHAM



Brahmi Ghritham is made with a unique base of pure Ayurvedic ghee and a combination of ingredients known for its adaptogenic and rejuvenating properties. The main ingredient of the recipe is Bacopa monnieri, known as Brahmi in Sanskrit, means bestower of supreme knowledge. In Ayurveda, Brahmi is considered a medhya-rasayana, supporting healthy neurological function, memory, and intellect. This traditional Ayurvedic ghee formulation helps maintain normal cognitive health and mental ability viz., intellect (Dhi), confidence (Dhriti) and memory (Smriti), in turn supporting normal restful sleep that calms and refreshes the mind.*

Net Qty : 200 g (7.43 OZ.)

INDUKANTHA GHRITHAM

A classical Ayurvedic herbal ghee from the Vedic text Ashtanga Hridayam. This preparation has historically been used to support vitality, maintain healthy immune function. A gentle calming action of this recipe also helps supports normal digestion.*



Net Qty : 200 g (7.43 OZ.)

KALYANAKA GHRITHAM



Kalyanaka Ghritham is one of the traditional formulations that is known to support mental and psychological health. It helps improves memory and concentration, naturally. It is known to balance vitiated Pitta and Vata and in turn helps improves body weight, skin glow and optimal digestion.*

Net Qty : 200 g (7.43 OZ.)



AYURVEDIC GHEE - GHRITHAM

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MAHATHIKTHAKA GHRITHAM

Mahathikthakam Ghritham is a unique blend of authentic natural ingredients that are traditionally used to support healthy skin, processed in pure the Ayurvedic ghee. This formulation supports healthy immune modulation and helps maintain clear channels in the body supporting the healthy flow of blood. Regular use of this recipe helps enhance the skin complexion and maintain a healthy skin texture.*



Net Qty : 200 g (7.43 OZ.)

NARASIMHA RASAYANAM

Narasimha Rasayana is a delicious nutritive ghee that has been used in Ayurveda, owing to the wide range of health benefits it proffers. It is known to help improve memory and speech. Traditionally, it is a highly revered rasayana (rejuvenative tonic), that helps optimal nourishment to the body.*



Net Qty : 200 g (7.43 OZ.)

SUKUMARA GHRITHAM

Sukumaram Ghritham is a time-tested Ayurvedic recipe used traditionally as a daily tonic (in lower doses) to maintain overall good health and optimal hormone balance specially in women. It is known to help improve skin complexion and optimal digestive health.*



Net Qty : 200 g (7.43 OZ.)



BALAHATADI KERAM

Balahatadi Keram is made with a unique base of freshly pressed coconut oil and a combination of ingredients known for its anti-stress and rejuvenating properties. This Pitta pacifying oil is prepared using Arrow root sida, Indian gooseberry, Tinospora, Licorice, and others. This oil moisturizes your hair and scalp and helps relieve the headache caused due to stress. The rejuvenating herbs in this formulation help soothe the brain cells, thereby rejuvenating the mind and promoting natural sound sleep.*

Net Qty : 200 ML (6.8 FL. OZ.)

CHEMPARUTHYADI KERAM

Chemparuthyadi Keram offers one of the time-tested benefits of hibiscus along with powerful hair strengthening ingredients such as Holy basil, Indigo leaf, Indian gooseberry, Licorice root and many other Ayurvedic herbs essential for hair care. Hibiscus traditionally helps nourish and energize one's scalp and hair thereby helps restore the natural hair color. This Pitta balancing oil is best for hair care and skin health. With the nourishing base of freshly pressed coconut oil, this recipe is also used to help minimize skin itching.*



Net Qty : 200 ML (6.8 FL. OZ.)

DINESA KERAM



Described in the authentic Ayurvedic text Sahasrayogam, this detoxifying classical oil supports overall skin health, particularly beneficial for sensitive skin. Dinesa keram is a unique blend of herbs like alkanet, Sacred fig species, turmeric and ashwaganda which have a strong affinity towards maintaining skin health, processed in pure coconut oil for optimal skin care. The goodness of these herbs helps soothe skin and also to minimize skin irritations. This oil deeply nourishes and supports natural healing process of skin bestowing a clear and radiant skin.*

Net Qty : 200 ML (6.8 FL. OZ.)

DURDURAPATHRADI KERAM

Durdurapatradi Keram is a classical oil formulated in accordance with Kerala Ayurveda Principles. With reference to one of the classics, Sahasrayogam, it helps promote hair and scalp health naturally. Datura is the main herb blended in oil and prescribed in ancient Ayurvedic texts as an ingredient that can help reduce dandruff and scalp infections. This freshly pressed coconut oil based formulation helps soothe the dry and itchy scalp, revitalize hair follicles and also reduce split ends.*

Net Qty : 200 ML (6.8 FL. OZ.)



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OILS: COCONUT BASE - KERAM

DURVADI KERAM

Durvadi Keram is a classical oil formulated in accordance with Kerala Ayurveda Principles. With reference in one of the classics Sahasrayogam, it helps promote hair and scalp health, naturally. Ancient text explains this coconut oil based recipe is known to help minimize itching and support the body's normal recovery time in healing.*

Net Qty : 200 ML (6.8 FL. OZ.)



ELADI KERAM

Eladi Keram is predominantly used to address enhanced Vata and Kapha. The oil is made up of herbs as per the classical Ayurveda text, Sahasrayogam. Some of the herbs contained in this oil are Indian frankincense, Cinnamon, Nutmeg, Himalayan Cedar and Guggul. Carefully prepared in a base of coconut oil, this recipe is excellent for Kapha constitutions and conditions for external application. This unique coconut oil based herbal preparation is widely used for its remarkable effects on skin. Coconut oil base makes Eladi Keram safe for use in children with immense efficacy. Timely application of Eladi Keram helps promote scalp health.*

Net Qty : 200 ML (6.8 FL. OZ.)



KAYYUNYADI KERAM

Kayyunyadi Keram is a rich blend of traditional herbs that helps promote natural hair growth such as Bhringaraj, Tinospora, Indian gooseberry and Licorice root carefully prepared in a base of coconut oil. This Pitta pacifying oil gets absorbed through the hair follicles and supports the hair roots, thereby maintaining healthy hair volume, naturally. This cooling and rejuvenating oil also helps keep scalp healthy.*

Net Qty : 200 ML (6.8 FL. OZ.)



MURIVENNA OIL

Aloe vera, Asparagus, Moringa oleifera, Pongamia pinnata are the master herbs that constitute the Murivenna. The oil is prepared with coconut oil as the base. Commonly used to nourish and rejuvenate skin cells. It is renowned oil for its properties to support mobility of joints and promote bone health*. Murivenna is highly effective herbal oil and is popular for its appreciable results in easing soreness and tenderness, soothing joints and other discomforts of the joints*. It is predominantly used in Vata vitiated condition. Rejuvenative properties of the herbal ingredients present in Murivenna makes it useful in soothing the muscles.*

Net Qty : 200 ML (6.8 FL. OZ.)



NALPAMARADI KERAM

Nalpamaradi Oil is a unique blend of Ayurveda herbs, processed in pure coconut oil for skin care. Nalpamara consists of the bark of 4 trees which come under fig species and has been used in Ayurveda for centuries related to skin care. Regular use of this oil enhances the skin complexion and helps maintain a healthy skin texture.*

Net Qty : 200 ML (6.8 FL. OZ.)



NEELIBRINGADI KERAM

A widely used classical composition from Sahasrayoga, Neelibringadi oil contains the goodness of Bringaraja (Eclipta alba), Indian Gooseberry, Licorice and Neeli (Indigo) among others to maintain and promote hair care and scalp health.* This soothing oil delivers the powerful hair strengthening and nourishing qualities of the herbs, in castor and coconut oil base, helps moisturize the hair follicles.*

Net Qty : 200 ML (6.8 FL. OZ.)



VIRGIN COCONUT OIL

One of the best gifts to mankind from Mother Nature is the 'Coconut'. Known as the tropical paradise of waving palms and wide sandy beaches, Kerala in South India has abundant coconut groves and contributes to the livelihood of the locals. Called the Tree of Life 'Kalpavriksha', every part of coconut tree is used in Kerala. Virgin Coconut Oil is carefully processed to provide richer health benefits and nourishment. High amounts of Lauric acid makes it a good cooking oil, body oil for babies & adults, and great for hair care. Made from freshly pressed coconut milk from Kerala, virgin coconut oil is prepared and bottled just for you.*

Net Qty : 175 ML (3.4 FL. OZ.)



WINSORIA OIL

A proprietary composition from the house of Kerala Ayurveda, Winsoria oil is made up of herbs known to benefit skin health. Winsoria oil is a very effective proprietary recipe used to calm itching by supporting immune health*. It helps ease stress, soothes and nourishes the skin, bestowing natural color and radiance*

Net Qty : 200 ML (6.8 FL. OZ.)





BALA THAILAM

Bala Thailam is well known for its muscle toning and strengthening properties which help promote vigor and vitality*. Bala Thailam is predominantly used to address enhanced Vata*. The rejuvenative properties of this thailam help tone muscles and improves muscle strength*. It is made up of herbs including arrow leaf Sida, Licorice, Indian madder, Cardamom, Cinnamon and others, carefully prepared in sesame oil base. This Vata pacifying oil is a well-known rejuvenator that imparts comfort to the sensory organs, enlivens and nurtures the body and mind.*

Net Qty : 200 ML (6.8 FL. OZ.)

BALASWAGANDHADI THAILAM

BalaSwagandhadi Thailam helps balance Vata and Pitta and is predominantly used to address enhanced Vata*. The rejuvenative properties of this thailam helps tone the nerves and improve muscle strength*. This Vata pacifying oil is made up of herbs including Licorice, Himalayan Cedar, Lily tubers, Indian Ginseng, Indian Sarsaparilla, Turmeric and others, carefully prepared in sesame oil base. The recipe is an excellent nourisher for body and mind.*

Net Qty : 200 ML (6.8 FL. OZ.)



CHANDANADI THAILAM

Chandanadi Thailam is an ancient formulation prepared using a balanced blend of Ayurvedic herbs including Indian Ginseng, Turmeric, Himalayan cedar, Indian madder and others. It helps reduce stress, fatigue and relaxes the body. This Sesame Oil based recipe is known to be beneficial in calming the mind. It balances Tridosha, especially Pitta vitiated conditions. The rejuvenating and anti-stress properties of the herbal ingredients used in Chandanadi Oil naturally calm the body and mind.*

Net Qty : 200 ML (6.8 FL. OZ.)



DHARANI OIL

Inspired from a classical recipe, Dharani Oil is an invigorating blend of herbs including Himalayan Cedar, Ginger and Rasna processed in the juice of tamarind leaves, in sesame oil base. This energizing blend of herbs is vital for balancing Kapha dosha. Oleation with Dharani oil helps open the skin pores, promoting better circulation and leaving your skin light, energized, refreshed and radiant.*

Net Qty : 200 ML (6.8 FL. OZ.)



OILS: SESAME BASE - THAILAM

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DHANWANTHARAM THAILAM

Dhanwantharam Thailam has been used to improve the flexibility of the body. The recipe is indicated for strengthening and soothing the muscles and to balance immune health*

Net Qty : 200 ML (6.8 FL. OZ.)



ELADI THAILAM

Eladi Thailam is predominantly used to address enhanced Vata and Kapha. The oil is made up of herbs as per the classical Ayurveda text, Sahasrayogam. Some of the herbs contained in this oil are Indian frankincense, Cinnamon, Nutmeg, Himalayan Cedar and Guggul. Carefully prepared in a base of sesame oil, this recipe is excellent for Kapha constitutions and conditions for external application. This unique Sesame Oil based herbal preparation is widely used for its remarkable effects on skin. As a body massage oil, it helps improve skin complexion but naturally promoting skin detox. Timely application of Eladi Thailam also helps promote scalp health.*

Net Qty : 200 ML (6.8 FL. OZ.)



JAMBEERA THAILAM

Jambeera Thaila is prepared using a powerful blend of herbs including Lemon and turmeric with added richness of coconut milk in a base of warming sesame oil. This unique combination helps nourish and soothe sore muscles, deeply revitalize the tissue and supports muscle and joint health. This traditional oil is renowned for supporting comfortable movement and strength of shoulder joints.*

Net Qty : 200 ML (6.8 FL. OZ.)

KARPASASTHYADI THAILAM

Karpasasthyadi Thailam helps balance Vata and Kapha doshas and is predominantly used to address neuro-muscular conditions. The main ingredient of this formulation is cottonseed, which is carefully processed along with other beneficial ingredients in sesame oil, castor oil, and ghee. The rejuvenating property of this oil helps soothe the muscles, nerves and also promotes overall relaxation of the body.*

Net Qty : 200 ML (6.8 FL. OZ.)





KARPOORADI THAILAM

Karpooradi Thailam is a sesame oil based recipe useful to maintain normal muscle and joint health. The rejuvenative properties of this thailam helps to maintain normal tone of the muscles and helps maintain muscle strength.*

Net Qty : 200 ML (6.8 FL. OZ.)



KOTTAMCHUKKADI THAILAM

Described in the authentic Ayurvedic text, Sahasrayogam this classical oil helps pacify vitiated Vata and its associated conditions. Dry ginger, garlic, moringa and rasna are the master herbs present in kottamchukkadi thailam. This Sesame Oil based formulation is known to be ideal for soothing the joints, thereby supporting mobility of joints and in turn, supports bone health*

Net Qty : 200 ML (6.8 FL. OZ.)



KSHEERABALA THAILAM

Ksheerabala Thailam is prepared from *Sida rhombifolia*, commonly known as Arrow leaf sida. Known as Mahabala in Ayurveda it is cooling, strengthening and considered to improve vitality*. Enhancing complexion, nourishing the tissues and balancing the three doshas are the properties of this herb*.

Net Qty : 200 ML (6.8 FL. OZ.)

LAKSHADI THAILAM

Lakshadi Thailam is an ancient Ayurvedic recipe useful in supporting the skeletal and neuromuscular systems. It is renowned for helping normal mobility of joints and supports bone health.*

Net Qty : 200 ML (6.8 FL. OZ.)





MAHACHANDANADI THAILAM

Mahachandanadi Thailam is an Ayurvedic formulation prepared using a combination of ingredients known for its anti-stress and rejuvenative activities. This Sesame Oil based formulation is known to be beneficial in calming and soothing the mind. Regular use of this oil helps in maintaining the body's ability to adapt to various types of stress.*

Net Qty : 200 ML (6.8 FL. OZ.)



MAHAMASHA THAILAM

Mahamasha Thailam is predominantly used to address the vitiated Vata conditions. The main ingredient of this classical oil is Indian black lentil. The classical Ayurvedic text explains this oil as rejuvenative and help maintain normal tone of the nerves and muscle strength. It also supports normal blood circulation in the body. This oil is also known for maintaining normal nourishment and strength of both the body and mind.*

Net Qty : 200 ML (6.8 FL. OZ.)



MAHANARAYANA THAILAM

Mahanarayana Thailam is an ancient Ayurvedic massage oil that soothes muscles and joints*. It delivers powerful herbs in Sesame Oil base, which helps improve muscle flexibility*. A nourishing and strengthening oil with rejuvenating qualities, it is used to soothe sore tendons, supporting modern lifestyle changes*.

Net Qty : 200 ML (6.8 FL. OZ.)

PAVAN OIL

Pavan Oil is a pleasantly fragrant rejuvenating oil made of a synergistic blend of herbs including Licorice, Indian Ginseng, Indian Sarsaparilla, Turmeric and others. It helps balance Vata dosha, improving vigor and vitality. Made in sesame oil base, Pavan Oil is refreshingly light, nourishing oil and it helps moisturize the dry, sensitive or flaky skin, leaving behind a soft and radiant skin, naturally.*

Net Qty : 200 ML (6.8 FL. OZ.)





PINDA THAILAM

Pinda Thailam is prepared with Sesame oil as the base. Commonly used to pacify Vata and Pitta conditions, it is an excellent moisturizer and helps dry and sensitive skin. One of the best herb infused oils to calm the joints.*

Net Qty : 200 ML (6.8 FL. OZ.)



SANTHWANAM OIL

Santhwanam Oil helps improve blood circulation, Ojas, mental clarity and also strengthens all tissues, improving strength and longevity. Additionally it is not only effective in rheumatic conditions but also an emollient to the skin, which tones up the skin due to its nourishing and moisturizing effect. Santhwanam Oil can be applied in conjunction with massage and steam therapy, or as a mild massage oil, for daily application.*

Net Qty : 200 ML (6.8 FL. OZ.)



SAHACHARADI THAILAM

Sahacharadi Thailam is made using a blend of proprietary herbs in Sesame Oil, including Himalayan Cedar, Barleria and Bael. It pacifies Vata and Kapha vitiation and helps minimize soreness*. The recipe is indicated to relax the muscles and joints*.

Net Qty : 200 ML (6.8 FL. OZ.)

TEJAS OIL

Tejas Oil is a light and aromatic oil prepared using Sesame Oil as the base. It contains carefully chosen ingredients such as Indian Madder, resin of Indian Frankincense and Indian Sarsaparilla. These herbs are traditionally used to address imbalanced Pitta dosha, gives cooling effect, thereby easing tension. It helps pacify/balance Pitta dosha, improving one's resistance to hot temperatures.*

Net Qty : 200 ML (6.8 FL. OZ.)



THRIPHALADI THAILAM

Triphaladi Thailam is formulated with the goodness of Triphala, Tinospora, Arrow-leaf Sida infused with the essence of India gooseberry and Bringaraja juice. This formulation helps pacify Tridosha and provides complete skin, eye and hair care support. It also helps maintain normal nourishment your hair follicles, soothen the skin, keeps your eyes cool and also supports natural sleep. Triphaladi Thailam relaxes the mind and nervous system and brings an overall calming effect.*

Net Qty : 200 ML (6.8 FL. OZ.)





ANU THAILAM

Regular use of Anu Thailam helps to clear the upper and lower respiratory tracts, improves blood circulation and imparts a lustrous skin.*

Net Qty : 30 ML (1.0 FL OZ)

ARIMEDADI THAILAM

(Herbal Mouthwash Used for Oil Pulling)

In Ayurveda, maintaining oral hygiene has been practiced extensively as part of Dinacharya, or daily self care regimen. Oil pulling, known as Kavala, is a specialized cleansing therapy practiced to maintain health teeth and gums, as well as manage myriad systemic imbalances. Practice of Kavala dates back to at least the 4th century BCE and is re-emerging today for healthy teeth, fresh breath and general wellness.*



Net Qty : 200 ML (6.8 FL. OZ.)

DHANWANTHARAM SEVYAM



Dhanwantharam Sevyam has been used to improve the flexibility of the body. The recipe is indicated for strengthening and soothing the muscles and to maintain normal immune health*

Net Qty : 200 ML (6.8 FL. OZ.)

OILS: VASTI & NASYA

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ERANDA SUKUMARAM OIL



Eranda Sukumaram Oil is a time-tested Ayurvedic oil prepared using castor oil as the base. This natural recipe is traditionally used to maintain normal elimination. The recipe helps maintain normal hormonal balance.*

Net Qty : 30 ML (1.0 FL. OZ.)

GANDHARVAHASTHADI CASTOR OIL



Gandharvahasthadi Castor Oil is an ancient Ayurvedic oil which can be effectively used for Pacifying Vata.*

Net Qty : 30 ML (1.0 FL. OZ.)

KSHEERABALA 101 OIL



Ksheerabala 101 Oil is a potentiated form of Ksheerabala Thailam. It is prepared from *Sida rhombifolia*, commonly known as Arrow leaf sida. Known as Mahabala in Ayurveda it is cooling, strengthening and considered to improve vitality. Enhancing complexion, nourishing the tissues and balancing the three doshas are the properties of this herb*.

Net Qty : 10 ML (0.3 FL. OZ.)

NIMBAMRUTHADI CASTOR OIL

Nimbamruthadi Castor Oil is a time-tested Ayurvedic oil prepared using Castor Oil as the base. A natural oil recipe supports normal elimination and digestive health, this oil is also known for supporting skin and Joint health.*

Net Qty : 30 ML (1.0 FL. OZ.)





SAHACHARADI SEVYAM

Sahacharadi Sevyam is an ancient Ayurvedic oil which can be effectively used for pacifying vitiated Vata-Kapha conditions. This oil helps maintain normal blood flow and supports healthy blood naturally.*

Net Qty : 200 ML (1.0 FL. OZ.)

VIRGIN COCONUT OIL

One of the best gifts to mankind from Mother Nature is the 'Coconut'. Known as the tropical paradise of waving palms and wide sandy beaches, Kerala in South India has abundant coconut groves and contributes to the livelihood of the locals. Called the Tree of Life 'Kalpavriksha', every part of coconut tree is used in Kerala. Virgin Coconut Oil is carefully processed to provide richer health benefits and nourishment. High amounts of Lauric acid makes it a good cooking oil, body oil for babies & adults, and great for hair care. Made from freshly pressed coconut milk from Kerala, virgin coconut oil is prepared and bottled just for you.*



Net Qty : 175 ML (3.4 FL. OZ.)

SWARNAMUKHI FACE PACK



Daily cleansing of the face alone does not remove all of the dead skin cells and deeply embedded impurities of the skin. Exfoliation is necessary for deep cleansing to remove blackheads and tackle dullness. Adding Swarnamukhi Face Pack to your routine supports beautiful, youthful, glowing skin. For best results, use with Swarnamukhi Face Cream.*

Net Qty : 50 g

SWARNAMUKHI FACE CREAM

An age-old recipe, Kanaka Thailam is enriched with antioxidants from Crocus Sativus - saffron, moisturizer from Nelumbo Nucifera - lotus, plus skin restorative herbs including Rubia Cordifolia and Symplocos Racemosus. Together these powerful ingredients help to maintain normal skin texture, complexion and clarity.*



Net Qty : 20 g

KUMKUMADI OIL



Kumkumadi Oil, a time tested Ayurvedic beauty recipe, combines the virtues of premium saffron, lotus & other specially chosen ingredients to create a blemish free complexion. Bring out normal lustre of your skin and help maintain normal skin tone and complexion as you gently massage a few drops of this oil into your skin every day.*

Net Qty : 30 ML

SKIN & HAIR CARE

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KESINI OIL

Kesini Oil, with the goodness of Brahmi, Hibiscus, Indigo and Amla among others, vitalizes and nurtures hair and cleanses the scalp. Made with a unique base of freshly pressed Castor and Coconut Oil, it revitalizes scalp health, moisturizes and nourishes the scalp and hair roots and maintains natural color and texture of hair.*

Net Qty : 100 ML (3.4 FL. OZ.)

KM LEPAM

KM Lepam is the modified dosage form of the well-known traditional recipe, Karuthamarmani Gulika, prepared in a cream base for external application. Traditionally Karuthamarmani Lepam is known for soothing and help balancing the soreness of strained tissues. With Indian Frankincense (Boswellia Serrata), Aloe Vera and Camphor (Cinnamomum Camphora), it is easily absorbed with the skin permeability of the cream for a faster healing effect.*

Net Qty : 20 g





MYAXYL[®] BALM

Helps Maintain Healthy Sinuses and Respiratory Tract

Myaxyl[®] Balm is an effective topical application which supports clearing the channels, maintain normal circulation and helps to soothe the tissues.*

Net Qty : 10 g

MYAXYL[®] CREAM

Myaxyl[®] Cream is an effective, non-sticky solution for topical application to help maintain normal tissue balance. It supports blood circulation to the joints and nourishment of the joint tissues.*

Net Qty : 20 g



MYAXYL[®] OIL

Fast-acting, safe and effective, Myaxyl Oil is ideal for soothing tender Muscles and Joints. Our proprietary formula containing extracts of galangal, himalayan cedar, lemon grass, and eucalyptus oil, in a sesame base traditionally used to support proper muscle and joint health.*

Net Qty : 200 ML (6.8 FL. OZ.)



MYAXYL[®] RANGE

MYAXYL[®] SPRAY

With the calming lemon-grass fragrance, Myaxyl Spray is prepared using handpicked selective analgesic & anti-inflammatory herbs such as Rasna (Alpinia galanga), Devadaru (Cedrus deodara) and Crepe jasmine (Tabernaemontana divaricata) in a sesame oil base. It is non-sticky, non-staining, easily absorbable and has been used to support joint and muscle health as well as normal musculoskeletal function. It also helps support athletic performance and maintains normal mobility and flexibility of joints and surrounding soft tissues.*

Net Qty : 75 ML (2.5 FL. OZ.)



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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